Organizations that Exist to Help Older Adults

(from SCC DAAS – Dept of Aging & Adult Services, 2025)

Alzheimer's and dementia

- Alzheimer's Association
- Dementia Friends USA

Caregiving

- Bay Area Caregiver Resource Center
- California Advocates for Nursing Home reform (CANHR)
- Family Caregiver Alliance
- In-Home Supportive Services
- IHSS Providers
- VA Caregiver Support

Counseling

- Behavioral Health Services
- Veteran's Administration

Food and nutrition

- Meals on Wheels
- Second Harvest Food Bank
- Senior Nutrition Program

Healthcare and safety

- AARP Fraud Watch Network
- Benefit Finder Tool in English and Spanish
- Bureau of Medicaid Fraud and Elder Abuse
- County of Santa Clara Behavioral Health
- Falls Prevention Santa Clara County
- On Lok PACE
- Pacific Hearing Connection
- PG&E Medical Baseline Program
- Suicide Prevention and Crisis

Legal assistance

- Law Foundation of Silicon Valley
- Senior Adults Legal Assistance
- Superior Court

Outdoor activities

- Bay Area Older Adults
- Midpeninsula Region Open Space
- Peninsula Open Space Trust
- Santa Clara Valley Open Space

Socialization and getting connected

- A Mighty Good Time
- California Phones for those with Hearing Loss or Disability
- Cancer CAREpoint
- Emergency Broadband and Affordable Connectivity Program
- Friendly Voices

- Friendship Line California
- Mid-Peninsula Widows and Widowers Association
- SAGE Hotline for LGBTQ+ Adults
- Senior Planet
- Well-Connected

Specific populations

- Asian Americans for Community Involvement
- Billy DeFrank LGBTQ Community Center
- India Community Center
- Indian Health Center
- Jewish Family Services of Silicon Valley
- Korean American Community Services
- Portuguese Organization for Social Services and Opportunities
- Vietnamese Voluntary Foundation
- Yu-Ai-Kai

Transportation

- Avenidas Door to Door (North County)
- Heart of the Valley Services for Seniors (West Santa Clara Valley)
- RideCare Program (Los Altos, Los Altos Hills)
- R.Y.D.E. (Campbell, Cupertino, Los Gatos, Saratoga, Monte Sereno)
- VTA

Additional resources for older and dependent adults

- Age-Friendly Silicon Valley
- California Connect
- California Department of Aging (CDA)
- California Department of Social Services (CDSS)
- Conservatorship
- Institute on Aging Community Living Connection Program (flyer)
- National Adult Protective Services Association
- National Center on Elder Abuse
- Public Administrator/Guardian Conservator
- Public Authority Santa Clara County
- Santa Clara County Library BookDash Home Delivery
- Silicon Valley Independent Living Center
- Sourcewise
- 211 United Way Bay Area

And still many more!