



## Healthier Kids Foundation

**Healthier Kids Foundation**  
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### FY 2018-2019 Q1 Report to City of Santa Clara

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Healthier Kids Foundation is a family forward health agency that gives children and those who love them the education and cutting edge tools they rightfully deserve to live a healthy life. At Healthier Kids Foundation, we believe preventative care at an early age makes things fair. Every day, we work side-by-side with families to identify and eliminate kids' health issues before they even begin. Because without us, barriers that could be corrected may stand in the way of kids joyfully climbing the ladder of life. Healthier Kids Foundation is focused on providing services to children and families in the City of Santa Clara to ensure that every child has the opportunity to thrive in their community.

Healthier Kids Foundation has been funded by the City of Santa Clara to provide the following services during fiscal year 2018-2019:

- A minimum of 200 parents attending at least one 10 Steps to a Health You! (10 Steps) class
- 500 children ages 2-18 dental screened through DentalFirst program
- 500 children ages 2-18 hearing screened through HearingFirst program
- 1000 children ages 2-18 vision screened through VisionFirst program

This document serves as an update for quarter four of fiscal year 2018-2019.

### Activities and Progress

| Program                                              | FY 18-19 Goal | Q1 Results | % of FY 18-19 Goal |
|------------------------------------------------------|---------------|------------|--------------------|
| 10 Steps Parents and caregivers                      | 200           | 37         | 19%                |
| 10 Steps Children (ages 0-18)                        |               | 22         |                    |
| DentalFirst Screened (ages 2-18)                     | 500           | 139        | 28%                |
| DentalFirst Referred and Followed-up on (ages 2-18)  |               | 22         |                    |
| HearingFirst screened (ages 2-18)                    | 500           | 37         | 7%                 |
| HearingFirst Referred and Followed-up on (ages 2-18) |               | 2          |                    |
| VisionFirst Screened (ages 2-18)                     | 1000          | 250        | 25%                |
| VisionFirst Referred and Followed-up on (ages 2-18)  |               | 23         |                    |
| Average Challenge Team Meeting Attendees             |               | 20         |                    |

In the City of Santa Clara, Healthier Kids Foundation screens children for undetected vision, dental, and hearing issues; and Healthier Kids Foundation case managers follow-up with the

parents of all children who receive a screening result that is indicative of a potential issue. This ensures that each child gets the care they need to be successful in the classroom. Healthier Kids Foundation also delivers 10 Steps to a Healthier You! workshops to parents and caregivers in the City of Santa Clara, providing strategies to implement healthy habits in the home.

Healthier Kids Foundation actively participated in the Santa Clara Art and Wine Festival by providing resources to families as well as vision and dental screenings to children.

So far, in the City of Santa Clara specifically, Healthier Kids Foundation has identified 23 children with potential vision issues, 22 children with potential oral health problems, and 2 children with potential hearing issues. Healthier Kids Foundation case managers are currently working with these families to ensure that the child receives appropriate treatment through their insurance. It is quite possible that, without the funding provided by the city, these children's needs would have remained unidentified, unaddressed and inhibited their ability to succeed in the classroom and in life.

In addition to the screenings and workshops provided, the City of Santa Clara Challenge Team has begun its third year and is in full swing. Challenge Team brings together community partners to discuss the health and wellness of families in the city and resources that are available. For those that are interested in participating, Challenge Team meets on the second Wednesday of every month, from 12:00-1:30 PM, at the Community Recreation Center (969 Kiely Blvd., Santa Clara, CA 95051).

## **Q1 Schedule FY 2018-2019**

### **City of Santa Clara Q1 Screening Schedule**

| <b>Screening Type</b> | <b>Date</b> | <b>Site Name</b>                             | <b>Contact Name</b> |
|-----------------------|-------------|----------------------------------------------|---------------------|
| DentalFirst           | 8/5/2018    | Santa Clara First Baptist Church             | Trudy Kroll         |
| DentalFirst           | 9/15/2018   | City of Santa Clara Art and Wine Festival    | Susan Diatte        |
| DentalFirst           | 9/16/2018   | City of Santa Clara Art and Wine Festival    | Susan Diatte        |
| VisionFirst           | 7/6/2018    | Children's World Bilingual Montessori School | Michelle Hsiung     |
| VisionFirst           | 8/5/2018    | Santa Clara First Baptist Church             | Trudy Kroll         |
| VisionFirst           | 8/21/2018   | Scott Lane Elementary                        | Adriana Reyes       |
| VisionFirst           | 9/15/2018   | City of Santa Clara Art and Wine Festival    | Susan Diatte        |
| VisionFirst           | 9/16/2018   | City of Santa Clara Art and Wine Festival    | Susan Diatte        |

### **City of Santa Clara Q1 10 Steps to a Healthier You! Schedule**

| <b>Date</b> | <b>Site Name</b>      | <b>Class Type</b>       | <b>Contact</b> |
|-------------|-----------------------|-------------------------|----------------|
| 9/4/2018    | Scott Lane Elementary | 10 Steps                | Adriana Reyes  |
| 9/11/2018   | Scott Lane Elementary | Structures and Routines | Adriana Reyes  |
| 9/18/2018   | Scott Lane Elementary | 5 Keys                  | Adriana Reyes  |

## City of Santa Clara Q1 Challenge Team Presentations

| Date      | Presenter                                          | Presentation                                          |
|-----------|----------------------------------------------------|-------------------------------------------------------|
| 9/12/2018 | April Kihara, Santa Clara County Behavioral Health | Resilience: The Biology of Stress and Science of Hope |

### Testimonial

#### HearingFirst

"Before my child was hearing screened by Healthier Kids Foundation, I knew that my daughter may have some sort of hearing issue because she has never passed a hearing test in her left ear. Her doctors were aware of the problem but never did anything about it. Recently, she hasn't been doing well in school and now I realize that this is probably because of her hearing problem. She's been having trouble following instructions properly and doesn't capture everything that is said in class. Now I know that her hearing problems were preventing her from doing well in school.

When I received the results of her hearing screening I was sad because I felt like I wasn't being a good mother. Her pediatrician told me not to worry about her hearing problem and never referred us to a specialist. I should have gone to find a second opinion from a different doctor.

I loved my experience with Healthier Kids Foundation. My case manager explained what my daughter's results meant and helped me to do something about it, unlike the pediatrician. Once we had an appointment set with a specialist, my case manager reached out to me to remind me of the upcoming appointment and reinforced that I needed to get this taken care of for my daughter.

My daughter is still in the process of getting proper treatment for her hearing problem, which could include surgery. With or without surgery, my daughter is receiving hearing aids this month which will help her tremendously. This program is extremely important because it helps children, like my daughter, who need a little extra attention; and parents, like me, who need a little extra assistance. My daughter is already 13 years old and until now, no one has ever helped her before. Only when I showed my doctor the results from Healthier Kids Foundation, did they take the problem seriously and refer to a specialist. Without this program my child would have lived the rest of her life with a hearing impairment."

- Ceeta, mother

### Next Steps

Healthier Kids Foundation is continuing to work toward the goals set by the City of Santa Clara for fiscal year 2018-2019 and has several upcoming screenings and 10 Steps to a Healthier You! classes scheduled for children and families in the City of Santa Clara.

#### City of Santa Clara Q2 Screening Schedule

| Date       | Site Name                                      | Type   | Contact    |
|------------|------------------------------------------------|--------|------------|
| 10/31/2018 | City of Santa Clara Children's Halloween Party | Vision | Kim Castro |

|           |                                                    |                         |            |
|-----------|----------------------------------------------------|-------------------------|------------|
| 12/7/2018 | City of Santa Clara Holiday Tree Lighting Ceremony | Vision                  | Kim Castro |
| TBD       | SCUSD Preschools                                   | Vision, Dental, Hearing |            |

#### **City of Santa Clara Upcoming 10 Steps to a Healthier You! Class Schedule**

| <b>Date</b> | <b>Site Name</b>             | <b>Class Type</b>       | <b>Contact</b>   |
|-------------|------------------------------|-------------------------|------------------|
| TBD         | Eisenhower Elementary        | 10 Steps                | Tony Cheng       |
| TBD         | Eisenhower Elementary        | Structures and Routines | Tony Cheng       |
| TBD         | Eisenhower Elementary        | 5 Keys                  | Tony Cheng       |
| 1/28/2018   | SCUSD Parent Resource Center | 10 Steps                | Johanna Gonzalez |
| 2/4/2018    | SCUSD Parent Resource Center | Structures and Routines | Johanna Gonzalez |
| 2/11/2018   | SCUSD Parent Resource Center | 5 Keys                  | Johanna Gonzalez |

#### **City of Santa Clara Challenge Team Q2 Presentations**

| <b>Date</b> | <b>Presenter</b>                                    | <b>Presentation</b>                |
|-------------|-----------------------------------------------------|------------------------------------|
| 10/10/2018  | Julia Spiegel, Office of the County Counsel         | Public Charge Proposal             |
| 10/10/2018  | Marcy Lauck, Santa Clara County Office of Education | DataZone                           |
| 11/14/2018  | Christine Rutherford-Stuart                         | Children's Health Improvement Plan |
| 11/14/2018  | TBD                                                 | TBD                                |
| 12/12/2018  | Dana Bunnett, Kids in Common                        | Kids in Common                     |
| 12/12/2018  | Roni Habib, EQ Schools                              | Mindfully Choosing Happiness       |

Healthier Kids Foundation looks forward to providing services to families in the City of Santa Clara over the remainder of the fiscal year and will report results based on quarter two in the coming months.