



Commissioners Present: Commissioner Wanda Buck
Commissioner Bobbi Estrada
Commissioner Alma Garcia
Commissioner Grant McCauley
Commissioner Carolyn Seeger
Commissioner Nancy Toledo

Excused: Excused - Commissioner Sam Orme

Councilmember(s) Council Member Teresa O'Neill

Staff: Kimberly Castro, Recreation Manager
Jennifer Herb, Recreation Supervisor

Guests: Ken Sinclair – community member
Joan Cabral – community member

Matters for Council Action: None

1. Call to Order/Roll Call

- A. The meeting was called to order by Chair Bobbi Estrada at 10:08 a.m.
 - i. Present 6 – Commissioner Wanda Buck, Commissioner Bobbi Estrada, Commissioner Alma Garcia, Commissioner Grant McCauley, Commissioner Carolyn Seeger, Commissioner Nancy Toledo
 - ii. Excused – Commissioner Sam Orme

2. Consent Calendar

- A. Senior Advisory Commission Minutes of May 21, 2018
On a motion by Commissioner Seeger, and a second by Commissioner Toledo, the Commission approved the minutes for the regular meeting.
 - i. Aye 5 - Commissioner Bobbi Estrada, Commissioner Alma Garcia, Commissioner Grant McCauley, Commissioner Carolyn Seeger, Commissioner Nancy Toledo
 - i. Excused - Commissioner Sam Orme
 - ii. Abstain - Commissioner Wanda Buck

3. Public Presentation

- A. Ken Sinclair expressed the need for additional curb cuts in residential areas.

4. General Business

- A. Senior Advisory Commission 2017-18 Work Plan & Goals update
 - i. Develop opportunities to promote Health and Wellness

- Host "Be Strong, Live Long" Health & Wellness Fair – May 2018 (Commissioner McCauley) – Commissioners reported that they're still receiving great feedback from the event.
 - Promote "Brain Health" through research article, and events – Commissioner Buck commented on the importance of mindfulness
- ii. Promote Elder Fraud Workshops Quarterly (Commissioners Estrada/Garcia) – Commissioners commented on the wonderful presentation presented the City's IT Department. There were 40 plus people in attendance and the information was so helpful, timely, and applicable. The Commission is excited to have a follow-up presentation with hands-on experience, using the Computer Lab at the Senior Center.
 - iii. Champion implementation of the World Health Organization's "Age-Friendly City Initiative" in Santa Clara (All) – Recreation Manager Castro informed the Commission that staff are wrapping up the Senior Needs Assessment. The Commission inquired about signage throughout the city indicating the Age-Friendly designation, and suggested that the city look into other publicity to inform the community about becoming an Age-Friendly City.
 - iv. Send two (2) representatives to attend the City's ADA Committee meetings (Commissioner Orme and Toledo) – Commissioner Toledo reported that the June meeting was canceled. Council Member O'Neill reported that the City Manager's Office is looking for a way to have more efficiency with all City Committees.
- B. Senior Advisory Commission Election of Chair and Vice Chair – Commissioner Buck nominated Commissioner Estrada for Chair, seconded by Commissioner Seeger. Commissioner Toledo nominated Commissioner McCauley for Chair, seconded by Commissioner Garcia. The Commission voted and the votes were split three (3) in favor of Commissioner Estrada and three (3) in favor of Commissioner McCauley. Commissioner McCauley resends nomination, and Commissioner Estrada is elected as Chair. Commissioner Toledo nominated Commission McCauley for Vice Chair, seconded by Commissioner Seeger. The Commission voted and Commissioner McCauley is voted in favor 6-0 for Vice Chair.
- C. Senior Advisory Commission 2018-19 Work Plan & Goals – The Commission reviewed the 2017-18 Work Plan & Goals and brainstormed potential goals for the 2018-19 year using the eight (8) domains of the Age-Friendly City guidelines. The Commission is interested in continuing to; support the Health and Wellness by taking part in the "Be Strong, Live Long" Health & Wellness Fair and support and advocate for the "sandwich generation", promote Elder Fraud Workshops, champion the implementation of the Senior Needs Assessment findings and gap analysis, and participate in the Pedestrian Master Plan.

5. Staff Reports

- A. None

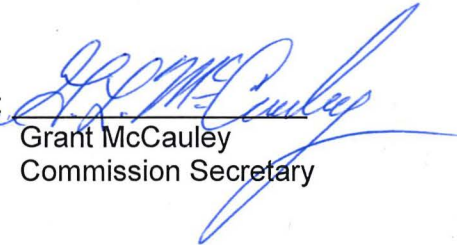
6. Commissioner Reports


- A. Commissioner Toledo suggested to the Commission that they send a get well card to former Commissioner Frank Kadleck.
- B. Commissioner McCauley shared a recent conversation with former friends from high school about being the "sandwich generation." He was surprised to hear how many of his friends were taking care of their parents.
- C. Commissioner Seeger commented that she's reading articles on the correlation between brain health and the power of the body.

7. Adjournment

- A. Adjournment to the next scheduled meeting: July 23, 2018, at 10:00 am, Room 149
- i. The meeting was adjourned at 11:30 am
 - ii. A motion was made by Commissioner Garcia, seconded by Commissioner Buck to adjourn the meeting
 - Aye 6 - Commissioner Wanda Buck, Commissioner Bobbi Estrada, Commissioner Alma Garcia, Commissioner Grant McCauley, Commissioner Carolyn Seeger, Commissioner Nancy Toledo
 - Excuse – Commissioner Orme

Prepared by: 
Jennifer Herb
Recreation Supervisor

Reviewed by: 
Grant McCauley
Commission Secretary

Submitted by: 
James Teixeira
Director of Parks and Recreation