

PROGRAM/PROJECT NAME: *HEALTHIER KIDS FOUNDATION*

AGENCY NAME

Healthier Kids Foundation

REPORTING PERIOD

10.1.17-12.31.17

PREPARED BY

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STATUS SUMMARY

Healthier Kids Foundation has been funded by the City of Santa Clara to provide the following services during fiscal year 2017-2018:

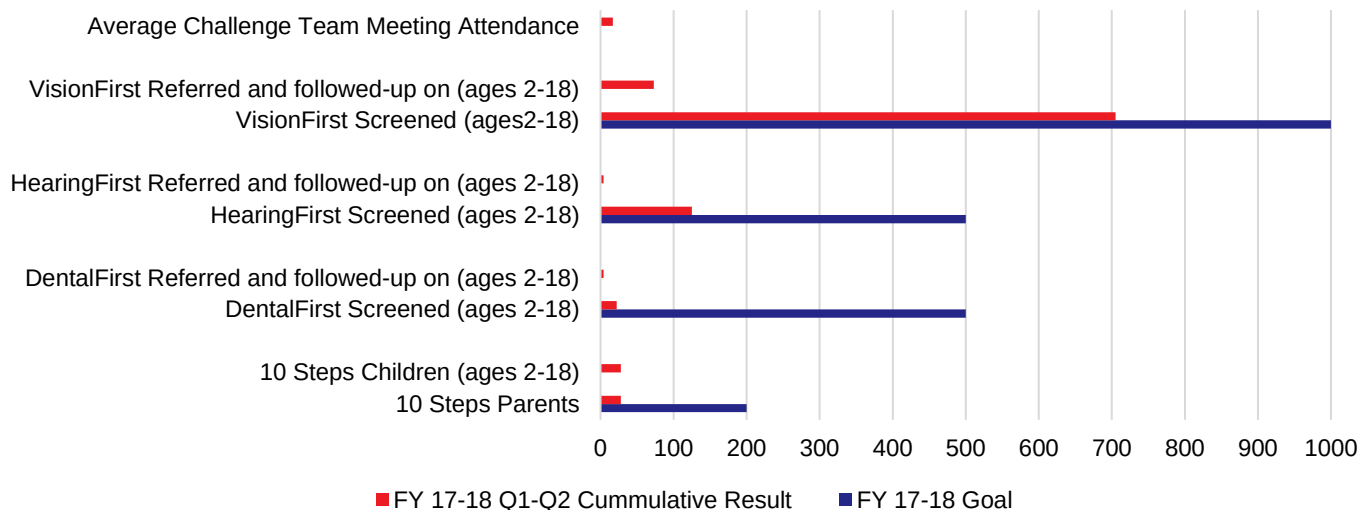
- A minimum of 200 parents attending at least one 10 Steps to a Health You! (10 Steps) class
- 500 children ages 2-18 dental screened through DentalFirst program
- 500 children ages 2-18 hearing screened through HearingFirst program
- 1000 children ages 2-18 vision screened through VisionFirst program

This document serves as an updated for quarter one of fiscal year 2017-2018. Healthier Kids Foundation has been working toward the goals set by the City of Santa Clara for fiscal year 2017-2018, detailed below. Along with providing the services required for funding, Healthier Kids Foundation continues to host the City of Santa Clara Challenge Team on a monthly basis to leverage services available to Santa Clara residents.

We've moved! Our new address is **4040 Moorpark Ave., Suite 100, San Jose, CA 95117.**

ACTIVITIES AND PROGRESS

Healthier Kids Foundation Q1-Q2 Cumulative Results for City of Santa Clara FY 17-18



Program	FY 17-18 Goal	Q1-Q2 Cumulative Results	% of FY 17-18 Goal
10 Steps Parents and caregivers	200	28	14%
10 Steps Children (ages 0-18)		28	
DentalFirst Screened (ages 2-18)	500	22	4%
DentalFirst Referred and Followed-up on (ages 2-18)		4	
HearingFirst screened (ages 2-18)	500	125	25%
HearingFirst Referred and Followed-up on (ages 2-18)		4	
VisionFirst Screened (ages 2-18)	1000	705	71%
VisionFirst Referred and Followed-up on (ages 2-18)		73	
Average Challenge Team Meeting Attendees		17	

Q2 SCHEDULE FY 2016-2017

City of Santa Clara Screening Schedule Quarter 2 Fiscal Year 2017-2018

Date	Site Name	Type	Contact
10.31.17	Santa Clara Youth Activity Center	Vision	Kim Castro
11.2.17	Santa Clara Christian School	Vision	Judy Hilga
11.27.17	Bowers Infant & Toddler	Vision	Rosie Flores
11.27.17	Bowers State Preschool	Vision	Frances O'Brian
11.27.17	Bracher Children's Center	Vision	Silvia Bejarano
11.28.17	Bracher State Preschool	Vision	Ruth Warner
11.28.17	Briarwood Children's Center	Vision	Stephanie Masciocchi
11.28.17	Briarwood State Preschool	Vision	Liz Aguliar
11.28.17	Ponderosa District Preschool	Vision	Meha Ratnani
11.29.17	Hughes District Preschool	Vision	Simmi Chander
11.29.17	Hughes State Preschool	Vision	Joanie Nellis
12.1.17	City of Santa Clara Holiday Tree Lighting Ceremony	Vision	Kim Castro
12.1.17	Montague District Preschool	Vision	Gina Perez
12.1.17	Montague State Preschool	Vision	Vidya Rao
12.5.17	Scott Lane State Preschool	Vision	Larrissa Patel

City of Santa Clara 10 Steps to a Healthier You! Class Schedule Quarter 2 Fiscal Year 2017-2018

Date	Site Name	Class Type	Contact
10.3.17	Scott Lane Elementary	10 Steps	Adriana Reyes
10.10.17	Scott Lane Elementary	Structures and Routines	Adriana Reyes
10.17.17	Scott Lane Elementary	5 Keys	Adriana Reyes

City of Santa Clara Challenge Team Quarter 2 Presentations Fiscal Year 2017-2018

Date	Presenter	Presentation
10.11.17	Gerardo Loera, Tashoe Tribe of Nevada and California	Native TANF Program
10.11.17	Kayla Ladd, International Rescue Committee	Citizenship and Immigration Services
11.8.17	Libby Craig, Crisis Text Line	Crisis Text Line
11.8.17	Andrea Fraume, Bay Area Wilderness Training	Bay Area Wilderness Training
12.13.17	Stanley Lee, Department of Family and Children's Services	Service overview

PERFORMANCE MEASUREMENTS & OUTCOMES

HEALTHIER KIDS FOUNDATION CONTINUES TO WORK TOWARD THE GOALS ESTABLISHED BY THE CITY OF SANTA CLARA FOR FISCAL YEAR 2017-2018. AS OF DECEMBER 31, 2017:

Healthier Kids Foundation had 28 City of Santa Clara parents and caregivers attend 10 Steps to a Healthier You! Series; which is 14% of the goal set at 200 parents and caregivers.

Through providing the 10 Steps series to 28 parents and caregivers, the program has indirectly served 28 City of Santa Clara children develop healthy lifestyles in the home.

Healthier Kids Foundation screened 22 City of Santa Clara children, 2-18 years of age, for dental issues through the DentalFirst program; which is 4% of the goal set at 500 dental screenings.

Of those children dental screened, 18% were out of range and require follow-up from a Healthier Kids Foundation case manager.

Healthier Kids Foundation has screened 125 City of Santa Clara children, 2-18 years of age, for hearing issues through the HearingFirst program; which is 25% of the goal set at 500 hearing screenings.

Of those children vision screened, 3% were out of range and require follow-up from a Healthier Kids Foundation case manager.

Healthier Kids Foundation has screened 705 City of Santa Clara children, 2-18 years of age, for vision issues through the VisionFirst program; which is 71% of the goal set at 1000 vision screenings.

Of those children vision screened, 10% were out of range and require follow-up from a Healthier Kids Foundation case manager.

Healthier Kids Foundation had an average of 17 attendees at the City of Santa Clara Challenge Team meetings.

PROGRAM/PROJECT ACHIEVEMENTS AND/OR ISSUES

Healthier Kids Foundation is a family forward health agency that gives children and those who love them the education and cutting edge tools they rightfully deserve to live a healthy life. At Healthier Kids Foundation, we believe preventative care at an early age makes things fair. Every day, we work side-by-side with families to identify and eliminate kids' health issues before they even begin. Because without us, barriers that could be corrected may stand in the way of kids joyfully climbing the ladder of life.

Healthier Kids Foundation is focused on providing services to children and families in the City of Santa Clara to ensure that every child has the opportunity to thrive in their community. Healthier Kids Foundation is continuing to work with Santa Clara Unified School District, the city, and community based organizations to provide services to Santa Clara residents where they naturally gather.

In the City of Santa Clara, Healthier Kids Foundation screens children for undetected vision, dental, and hearing issues; and Healthier Kids Foundation case managers follow-up with the parents of all children who receive a screening result that is indicative of a potential issue to ensure the child gets the care they need. Healthier Kids Foundation also delivers 10 Steps to a Healthier You! workshops to parents and caregivers in the City of Santa Clara, providing strategies to implement healthy habits in the home.

Healthier Kids Foundation will be presenting to the Santa Clara Unified School Board in April and is looking to increase the number of services provided to their students and afterschool programs in order to meet the fiscal year 2017-2018 deliverables. Healthier Kids Foundation was grateful to participate in the Santa Clara's Children's Halloween Party and Tree Lighting Ceremony and provided resources and vision screenings on site.

Healthier Kids Foundation has made progress in its efforts in the city through the City of Santa Clara Challenge Team meetings. These meetings bring every child-focused agency in the area together in support of children, so that our kids have a better chance of reaching their true potential. For those that are interested in participating, Challenge Team meets on the second Wednesday of every month, from 12:00-1:30 PM, at the Community Recreation Center (969 Kiely Blvd., Santa Clara, CA 95051).

NEXT STEPS

Healthier Kids Foundation is continuing to work toward the goals set by the City of Santa Clara for fiscal year 2017-2018 and has several upcoming screenings and 10 Steps to a Healthier You! classes scheduled for children and families in the City of Santa Clara during quarter three.

City of Santa Clara Screening Schedule Quarter 3 Fiscal Year 2017-2018

Date	Site Name	Type	Contact
1.10.18	Bowers State Preschool	Vision	Frances O'Brien
1.10.18	Bowers Infant and toddler	Vision	Rosie Flores
1.11.18	Bracher Children's Center	Vision	Silvia Bejarano
1.11.18	Bracher Preschool	Vision	Ruth Werner
1.12.18	Briarwood Preschool	Vision	Liz Aguilar
1.12.18	Briarwood Children's Center	Vision	Joy Bartol
1.17.18	Hughes State Preschool	Vision	Joanie Nellis
1.17.18	Hughes District Preschool	Vision	Simmi Chander
2.2.18	Montague State Preschool	Hearing	Gina Perez
2.2.18	Montague District Preschool	Hearing	Gina Perez
2.7.18	Pomeroy Elementary	Hearing	Nancy Morin-Roman
2.7.18	Scott Lane Elementary	Hearing	Yin Yee Leung
2.7.18	Pondersosa Elementary	Hearing	Meha Ratnani

City of Santa Clara 10 Steps to a Healthier You! Class Schedule Quarter 3 Fiscal Year 2017-2018

Date	Site Name	Class Type	Contact
1.22.18	Central Park Library	10 Steps	Erin Ulrich
1.25.18	Santa Clara Family Resource Center	10 Steps	Carrie Casto
1.29.18	Central Park Library	Structures and Routines	Erin Ulrich
1.31.18	Santa Clara Family Resource Center	10 Steps	Carrie Casto
2.1.18	Santa Clara Family Resource Center	Structures and Routines	Carrie Casto
2.5.18	Central Park Library	5 Keys	Erin Ulrich
2.7.18	Santa Clara Family Resource Center	Structures and Routines	Carrie Casto
2.8.18	Santa Clara Family Resource Center	5 Keys	Carrie Casto
2.13.18	Santa Clara Family Resource Center	5 Keys	Carrie Casto

City of Santa Clara Challenge Team Presentations Quarter 3 Fiscal Year 2017-2018

Date	Presenter	Presentation
1.10.18	Dinisio Palencia, Children's Dental Center	Children's Dental health
1.10.18	Luci Sloan, Valley Health Center	Children's Emergency Dental Assistance
2.14.18	Carrie Casto, Santa Clara Adult Education	Santa Clara Family Resource Center
2.14.18	TBD	TBD
3.14.18	TBD	TBD
3.14.18	TBD	TBD

Healthier Kids Foundation looks forward to providing services to families in the City of Santa Clara over the remainder of the fiscal year and will report results based on quarter three in the coming months.

FEEDBACK**10 Steps to a Healthier You!**

In October, the program associate who is in charge of referrals spoke to a mother during an English 5 Keys to Raising Healthy Happy Eaters class. The mother expressed frustration with feeding her children because of her husband's attitudes toward vegetables and her parents' input when it comes to feeding. Having two generations of parents under one household was proving a challenge for the mother's feeding intentions. In November, the mother was referred to the program and the program associate invited her to a series in Spanish so that her parents could attend as well. The mother completed a series in Spanish along with her parents. A few weeks after the Spanish series had ended the parent was called to conduct a follow up phone survey which she happily participated in. When the survey administrator posed the following question, "Do you think you should reward your child for eating vegetables by giving him or her dessert or a treat?" The mother called her mother (child's grandparent)

into the room and repeated the question to her, to which the grandmother responded, "No, we are not supposed to do that, we need to let the kids learn to eat the vegetables not just eat so they will get a treat," the mother expressed her approval of the grandmother's answer by saying, "Thank you, finally!" The mother seemed relieved and appreciated being able to attend a series in Spanish because she, "was able to understand details [she] wouldn't have understood in English and could relate since it was more adapted to [her] culture." After the mother completed the survey, she mentioned that her mother wanted to complete the survey as well. During the survey the grandmother expressed gratitude for having had the opportunity to attend the workshops, she mentioned that although sweet breads are tempting she doesn't buy them now because she and her family are more conscious of the choices they make. After the phone interview was done with the grandmother, she mentioned that her husband who had completed the classes also wanted to do the survey. During the survey, the grandfather said he was happy to have attended because, "We do not know everything just because we are old, people always come up with more information and it is important to know. I am diabetic and have been for 40 years and I was confused when I would drink juice and my sugar would go really high but now I know it is because of the amount of sugar and lack of fiber."

DentalFirst

"Before the screening provided by Healthier Kids Foundation, dental issues were not a concern I had for my family. I never knew that it was possible for a child to have so many cavities at a young age. We are from Honduras, in Honduras dental care was not a primary concern for us. I had no idea that my child was experiencing dental problems and he never expressed that he was in pain.

When I received the results from the screening, I was surprised to hear that my child had dental issues. The case manager explained the results to me and let me know that had a lot of cavities and needed to be seen by the dentist right away. I was a scared to hear the results. Back home, dental hygiene was not a concern for kids. I always assumed that his baby teeth would eventually fall out and the issues would go away.

When we first received a call from the case manager, we did not have any insurance and I had no idea which dental office to take my son to. The case manager helped me from the beginning to the end. She told me that my son was eligible for health and dental insurance and helped me to apply right away. As soon as he was enrolled, she gave me information of dental offices where I could take him. We took him to the dentist for the first time, there we learned that my son had 12 cavities, gum disease, and an infection. After several appointments, caps and fillings; we are finally done with his treatment plan. Now my son is a happier boy who does not stop smiling.

This program is important because there are many kids who need dental work and I know that I am not the only mother who did not know that kids could develop dental issues at a young age. I am eternally grateful for the dental screening at my son's school. Without it I would not have enrolled him into health insurance and taken him to the dentist. I'm thankful for Healthier Kids Foundation and the follow up care, I now understand that dental hygiene is important for kids."

- mother of 9 year-old who received dental screening and follow up