



City of Santa Clara

Meeting Minutes

Senior Advisory Commission

10/22/2018

Senior Center - 1303 Fremont Street Santa Clara, CA 95050

CALL TO ORDER AND ROLL CALL

Meeting was called to order by Vice-chair Grant McCauley at 10:05 am

Present 4 - Commissioner Wanda Buck, Commissioner Grant L. McCauley, Commissioner Alma M. Garcia, and Commissioner Nancy Toledo

Excused 3 - Commissioner Barbara "Bobbi" A. Estrada, and Commissioner Carolyn Seeger

CONSENT CALENDAR

1.A [18-1401](#) Senior Advisory Commission Minutes of September 24, 2018

A motion was made by Commissioner Garcia, seconded by Commissioner Toledo, that this item be Noted and filed. The motion carried by the following vote:

Aye: 4 - Commissioner Buck, Commissioner McCauley, Commissioner Garcia, and Commissioner Toledo

Excused: 3 - Commissioner Estrada, and Commissioner Seeger

PUBLIC PRESENTATIONS

GENERAL BUSINESS

2 [18-1402](#) Senior Advisory Commission 2018-19 Work Plan & Goals Update**Health & Wellness**

Recreation Supervisor Herb informed the Health & Wellness Fair committee that a kick-off meeting will be held in November. Commissioner Toledo mentioned an interest in joining the committee.

The Commission received a copy of the Senior Center newsletter highlighting the article from the committee educating seniors about mindfulness and the importance of taking time to relax and focus on breathing.

Commissioner Buck informed the Commission about the possibility of having a speaker from Stanford offer a presentation during Brain Awareness Week in March or during the month of June, for Alzheimer's and Brain Awareness Month.

Elder Fraud

Commissioner Garcia reported working on the Elder Fraud Prevention committee and asked the Commission to look at the list she distributed regarding possible workshop topics. The Commission brainstormed topics and provided feedback to the committee. Recreation Supervisor Herb will work with Commissioners Estrada and Garcia to contact Santa Clara P.D. for a possible speaker.

STAFF REPORT

Recreation Supervisor Herb informed the Commission that there will be a City Pedestrian Master Plan presentation at the November meeting.

Council Member Davis mentioned the 2019-20 budget process begins in January.

Recreation Manager Castro informed the Commission about the Ice Skating rink opening November 19, and the Holiday Tree Lighting event on Friday, December 7 in Central Park.

Recreation Supervisor Herb informed the Commission that the Parks and Recreation Department will be participating in a CPOD (Commodity Point of Distribution) simulation on Thursday, November 8.

Recreation Supervisor Herb reminded the Commission about the upcoming Holiday Craft Fair at the Senior Center on Saturday, November 17 from 9:00 a.m. - 2:00 pm.

COMMISSIONERS REPORT

Commissioner Buck and McCauley informed the Commission that they attended a Placemaking Workshop at the Mission Library on Saturday, October 20. They enjoyed being a part of the session and found it very positive.

Commissioner Toledo shared with the Commission that she was taking part in the City's CERT Program. She also invited the Commission to attend Librarypalooza on February 2.

Commissioner McCauley informed the Commission that he was selected to be a part of the Chief of Police Advisory Committee.

ADJOURNMENT

A motion was made by Commissioner Buck, seconded by Commissioner Toledo, that this item be Adjourned. The motion carried by the following vote:

Aye: 4 - Commissioner Buck, Commissioner McCauley, Commissioner Garcia, and Commissioner Toledo

Excused: 3 - Commissioner Estrada, and Commissioner Seeger

The next regular scheduled meeting is November 26, 2018.