

Healthier Kids Foundation FY 2017-2018 Q3 Report

PROGRAM/PROJECT NAME: HEALTHIER KIDS FOUNDATION

AGENCY NAME	REPORTING PERIOD	PREPARED BY
Healthier Kids Foundation	1.1.18-3.31.18	Laura Clendaniel

STATUS SUMMARY

Healthier Kids Foundation is a family forward health agency that gives children and those who love them the education and cutting edge tools they rightfully deserve to live a healthy life. At Healthier Kids Foundation, we believe preventative care at an early age makes things fair. Every day, we work side-by-side with families to identify and eliminate kids' health issues before they even begin. Because without us, barriers that could be corrected may stand in the way of kids joyfully climbing the ladder of life. Healthier Kids Foundation is focused on providing services to children and families in the City of Santa Clara to ensure that every child has the opportunity to thrive in their community.

Healthier Kids Foundation has been funded by the City of Santa Clara to provide the following services during fiscal year 2017-2018:

- A minimum of 200 parents attending at least one 10 Steps to a Health You! (10 Steps) class
- 500 children ages 2-18 dental screened through DentalFirst program
- 500 children ages 2-18 hearing screened through HearingFirst program
- 1000 children ages 2-18 vision screened through VisionFirst program

This document serves as an updated for quarter three of fiscal year 2017-2018. Healthier Kids Foundation has been working toward the goals set by the City of Santa Clara for fiscal year 2017-2018, detailed below. Along with providing the services required for funding, Healthier Kids Foundation continues to host the City of Santa Clara Challenge Team on a monthly basis to leverage services available to Santa Clara residents.

ACTIVITIES AND PROGRESS

Program	FY 17-18 Goal	Q1-Q3 Cumulative Results	% of FY 17-18 Goal
10 Steps Parents and caregivers	200	124	62%
10 Steps Children (ages 0-18)		148	
DentalFirst Screened (ages 2-18)	500	136	27%
DentalFirst Referred and Followed-up on (ages 2-18)		34	
HearingFirst screened (ages 2-18)	500	298	60%
HearingFirst Referred and Followed-up on (ages 2-18)		34	
VisionFirst Screened (ages 2-18)	1000	842	84%
VisionFirst Referred and Followed-up on (ages 2-18)		99	
Average Challenge Team Meeting Attendees		22	

In the City of Santa Clara, Healthier Kids Foundation screens children for undetected vision, dental, and hearing issues; and Healthier Kids Foundation case managers follow-up with the parents of all children who receive a screening result that is indicative of a potential issue. This ensures that each child gets the care they need to be successful in the classroom. Healthier Kids Foundation also delivers 10 Steps to a Healthier You! workshops to parents and caregivers in the City of Santa Clara, providing strategies to implement healthy habits in the home.

Healthier Kids Foundation was thrilled to participate in the Santa Clara's Easter Egg Hunt and provided resources and screenings on site. The event was a huge success and staff were able to dental screen 103 children and vision screen 100 children. Of those dental screened, 44 had urgent dental needs and 2 had emergency dental needs. Of those vision screened, 21 were identified as having a potential vision issue. Case managers are now following up with the parents of these children to ensure that they get appropriate treatment. Without the services provided at the Easter Egg Hunt, these children's vision and dental needs may have continued and would have impeded their ability to learn and flourish.

In addition to the screenings and workshops provided, the City of Santa Clara Challenge Team continues to be effective in bringing together stakeholders to discuss the health and wellness of Santa Clara's youth. In quarter four, Challenge Team will host the Second Annual Challenge Team Essay Contest and Awards Banquet. We are inviting students, grades one through eight, who reside in the City of Santa Clara or attend a Santa Clara Unified School District school, to submit an essay describing what health means to them. The winners will be honored at the Awards Banquet on June 13th and will be invited to present their essay to the City Council. For more information regarding the essay contest, please see the attached flyer or contact Laura Clendaniel (laura@hkidsf.org).

For those that are interested in participating, Challenge Team meets on the second Wednesday of every month, from 12:00-1:30 PM, at the Community Recreation Center (969 Kiely Blvd., Santa Clara, CA 95051).

Q3 SCHEDULE FY 2017-2018

City of Santa Clara Screening Schedule Quarter 3 Fiscal Year 2017-2018

Date	Site Name	Type	Contact
1.10.18	Bowers State Preschool	Hearing	Frances O'Brien
1.10.18	Bowers Infant and toddler	Hearing	Rosie Flores
1.11.18	Bracher Children's Center	Hearing	Silvia Bejarano
1.11.18	Bracher Preschool	Hearing	Ruth Werner
1.12.18	Briarwood Preschool	Hearing	Liz Aguilar
1.12.18	Briarwood Children's Center	Hearing	Joy Bartol
1.17.18	Hughes State Preschool	Hearing	Joanie Nellis
1.17.18	Hughes District Preschool	Hearing	Simmi Chander
2.2.18	Montague State Preschool	Hearing	Gina Perez
2.2.18	Montague District Preschool	Hearing	Gina Perez
2.7.18	Pomeroy Elementary	Hearing	Nancy Morin-Roman
2.7.18	Scott Lane Elementary	Hearing	Yin Yee Leung
2.7.18	Pondersosa Elementary	Hearing	Meha Ratnani
3.15.18	Santa Clara Family Resource Center	Dental and Vision	Carrie Casto
3.31.18	Annual City of Santa Clara Easter Egg Hunt	Dental and Vision	Kim Castro

City of Santa Clara 10 Steps to a Healthier You! Class Schedule Quarter 3 Fiscal Year 2017-2018

Date	Site Name	Class Type	Contact
1.22.18	Central Park Library	10 Steps	Erin Ulrich
1.25.18	Santa Clara Family Resource Center	10 Steps	Carrie Casto
1.29.18	Central Park Library	Structures and Routines	Erin Ulrich
1.31.18	Santa Clara Family Resource Center	10 Steps	Carrie Casto
2.1.18	Santa Clara Family Resource Center	Structures and Routines	Carrie Casto
2.5.18	Central Park Library	5 Keys	Erin Ulrich
2.7.18	Santa Clara Family Resource Center	Structures and Routines	Carrie Casto
2.8.18	Santa Clara Family Resource Center	5 Keys	Carrie Casto
2.13.18	Santa Clara Family Resource Center	5 Keys	Carrie Casto

City of Santa Clara Challenge Team Quarter 3 Presentations Fiscal Year 2017-2018

Date	Presenter	Presentation
1.10.18	Dionisio Palencia, Children's Dental Center	Children's Dental Health
1.10.18	Luci Sloan, Valley Health Center	Children's Emergency Dental Assistance
2.14.18	Carrie Casto, Santa Clara Adult Education	Santa Clara Family Resource Center
2.14.18	Roger Reguerin, Escuela Popular	DACA
3.14.18	Maria Daane, Parents Helping Parents	Parents Helping Parents
3.14.18	Sgt. Greg Hill, Santa Clara Police Department	Safety in Our Schools and Community

PERFORMANCE MEASUREMENTS & OUTCOMES

Healthier Kids Foundation continues to work toward the goals established by the City of Santa Clara for fiscal year 2017-2018. As of March 31, 2018:

Healthier Kids Foundation had 124 City of Santa Clara parents and caregivers attend 10 Steps to a Healthier You! Series; which is 62% of the goal set at 200 parents and caregivers. Through providing the 10 Steps series to 124 parents and caregivers, the program has indirectly served 148 City of Santa Clara children develop healthy lifestyles in the home.

Healthier Kids Foundation screened 136 City of Santa Clara children, 2-18 years of age, for dental issues through the DentalFirst program; which is 27% of the goal set at 500 dental screenings. Of those children dental screened, 25% were identified as having urgent or emergency dental needs and require follow-up from a Healthier Kids Foundation case manager.

Healthier Kids Foundation has screened 298 City of Santa Clara children, 2-18 years of age, for hearing issues through the HearingFirst program; which is 60% of the goal set at 500 hearing screenings. Of those children hearing screened, 12% were out of range and require follow-up from a Healthier Kids Foundation case manager.

Healthier Kids Foundation has screened 842 City of Santa Clara children, 2-18 years of age, for vision issues through the VisionFirst program; which is 84% of the goal set at 1000 vision screenings. Of those children vision screened, 11% were out of range and require follow-up from a Healthier Kids Foundation case manager.

Healthier Kids Foundation had an average of 22 attendees at the City of Santa Clara Challenge Team meetings.

FEEDBACK

10 Steps to a Healthier You!

“The 10 steps to a Healthier You! program helped me and my family avoid processed foods and eat more fresh fruits. After this class I stopped buying yogurt from Costco because I found out how much sugar was in it. Instead, I get plain yogurt and I cut up fresh fruit, it’s like a yogurt parfait. I’ve implemented many of the changes that we talked about in class and pay more attention to what I feed my kids. Thank you for providing education around food to our community. We are better parents with your information.”

- Alissa Pham, parent

HearingFirst

“Since my daughter has received treatment for her hearing issue, she no longer ignores me when I speak to her. Her teachers have also noticed that she is more willing to try new things in class and able to pay closer attention to instructions.”

- Luciana, parent of 4 year old

NEXT STEPS

Healthier Kids Foundation is continuing to work toward the goals set by the City of Santa Clara for fiscal year 2017-2018 and has several upcoming screenings and 10 Steps to a Healthier You! classes scheduled for children and families in the City of Santa Clara during quarter four.

City of Santa Clara Screening Schedule Quarter 4 Fiscal Year 2017-2018

Date	Site Name	Type	Contact
4.16.18	Little Angels Day Care	Vision and Hearing	Adela Zavala
4.25.18	Adventures in Learning	Dental and Vision	Susan Diatte
5.1.18	Adventures in Learning	Dental and Vision	Susan Diatte
5.2.18	Adventures in Learning	Dental and Vision	Susan Diatte
TBD	Adventures in Learning	Dental and Vision	Susan Diatte
TBD	YMCA After School Programs	Dental, Hearing, Vision	Doreen Hassan

City of Santa Clara Screening Schedule Quarter 4 Fiscal Year 2017-2018

Date	Site Name	Class	Contact
TBD	YMCA	10 Steps	Doreen Hassan
TBD	YMCA	Structures and Routines	Doreen Hassan
TBD	YMCA	5 Keys	Doreen Hassan
TBD	Adult Education Santa Clara	10 Steps	Mary Taylor
TBD	Adult Education Santa Clara	Structures and Routines	Mary Taylor

TBD	Adult Education Santa Clara	5 Keys	Mary Taylor
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City of Santa Clara Challenge Team Presentations Quarter 4 Fiscal Year 2017-2018

Date	Presenter	Presentation
4.11.18	Grecia Escobar-Emery, Catholic Charities	Immigration Legal Services
4.11.18	Terry Downing Gallos, Rebuilding Together Silicon Valley	Americorps: Rebuilding Together
5.9.18	Ted Lempert, Children Now	California Children's Report Card
5.9.18	TBD	TBD
6.13.18	John Anyosa, Youth Mentors	Youth Mentoring Program
6.13.18	Raul Tornel, Healthier Kids Foundation	Awards Banquet

Healthier Kids Foundation looks forward to providing services to families in the City of Santa Clara over the remainder of the fiscal year and will report results based on quarter four in the coming months.