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FY 2018-2019 Q3 Report to City of Santa Clara

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Healthier Kids Foundation is a family forward health agency that gives children and their families the education and cutting edge tools they rightfully deserve to live a healthy life. At Healthier Kids Foundation, we believe preventative care makes things fair.

Healthier Kids Foundation has been funded by the City of Santa Clara to provide the following services during fiscal year 2018-2019:

Activities and Progress

Program	FY 18-19 Goal	Q1-Q3 Results	% of FY 18-19 Goal
10 Steps Parents and caregivers	200	114	57%
10 Steps Children (ages 0-18)		166	
DentalFirst Screened (ages 2-18)	500	177	35%
DentalFirst Referred and Followed-up on (ages 2-18)		31	
HearingFirst screened (ages 2-18)	500	511	102%
HearingFirst Referred and Followed-up on (ages 2-18)		71	
VisionFirst Screened (ages 2-18)	1000	552	55%
VisionFirst Referred and Followed-up on (ages 2-18)		54	
Average Challenge Team Meeting Attendees		26	

YTD Results (4/29/19)	YTD % of FY 18-19 Goal
127	64%

758	152%
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554	111%
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1,191	119%
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Healthier Kids Foundation is looking forward to reporting all the work that is occurring in Q4! Central Library Storytime with Mayor Gillmor, Egg-Stravaganza, Annual Essay Contest and more!

Testimonial

"Thank you for your work. Because of your vision screening at the City of Santa Clara Holiday tre Lighting Ceremony, we learned that our daughter needs glasses. We went to the doctor and got her glasses."

- Anna, mother, on the VisionFirst program offered at Santa Clara events

"The children on their own will tell me that they have to eat healthy. Now they ask me, 'Is this healthy?' I learned a lot, I used to think that granola and drinkable yogurt was healthy, I used to

buy it so that they would at least eat something (if they didn't eat family meals), but not anymore. Now everyone wants to go for a walk after we eat. On their own they will tell me, 'aren't we going on a walk today?' I notice that they are sleeping better. The little one before would just eat all day and couldn't go to sleep without having cereal before bed and would wake up really early asking for cereal again and not anymore, she sleeps more."

- [Gina, mother of three, on attending a 10 Steps workshop](#)

In the City of Santa Clara, Healthier Kids Foundation screens children for undetected vision, dental, and hearing issues; Healthier Kids Foundation case managers follow-up with the parents of all children who receive a screening result that indicates a potential issue. This ensures that each child gets the care they need so that they are able to learn in the classroom. Healthier Kids Foundation also delivers 10 Steps to a Healthier You! workshops to parents and caregivers in the City of Santa Clara, providing strategies to implement healthy habits in the home.

Of those who attended a 10 Steps workshop:

- 97% felt that they had learned new things;
- 97% felt that they are ready to go home and try new things;
- and 90% felt that the class was very or extremely valuable.

At the end of quarter three, Healthier Kids Foundation has identified 54 children with untreated vision problems, 31 children with urgent or emergency dental needs and 71 children with a potential hearing problem in the City of Santa Clara.

Healthier Kids Foundation case managers are currently working with these families to ensure that the children receive appropriate treatment through their insurance. If uninsured, the case manager will assist the family in enrolling into subsidized health insurance. At the close of the quarter, case managers have helped 30 children have received glasses, 20 children received dental services and 2 children obtained hearing services from a pediatrician or specialist. Healthier Kids Foundation is still working with families whose cases are still open to ensure their children get the care they need to be healthy and successful. Healthier Kids Foundation is grateful for its partnership with the City of Santa Clara. Without it, these children's needs could have remained unidentified, unaddressed and may have created barriers to learning and hitting developmental milestones.

In addition to providing direct services to Santa Clara residents, Healthier Kids Foundation hosts City of Santa Clara Challenge Team meetings each month that brings together community partners to discuss the well-being of families in the city and resources that are available. For those that are interested in participating, Challenge Team meets on the second Wednesday of every month, from 12:00-1:30 PM, at the Community Recreation Center (969 Kiely Blvd., Santa Clara, CA 95051).

Q3 Schedule FY 2018-2019

City of Santa Clara Q3 Screening Schedule

Screening Type	Screening Date	Site	Contact Name
HearingFirst	2/14/2019	Angels Family Child Care	Hemaxi Solanki
HearingFirst	3/12/2019	Adventures in Learning @ Westwood Oaks	Susan Diate
HearingFirst	3/12/2019	Little Angels Day Care	Adela Zavala
HearingFirst	3/13/2019	Adventures in Learning @ Westwood Oaks	Susan Diate
HearingFirst	3/13/2019	SCUSD Bowers State Preschool	Frances O'Brien
HearingFirst	3/13/2019	Bowers Infant and Toddler	Rosie Flores
HearingFirst	3/18/2019	Bracher Children's Center	Silvia Bejarano
HearingFirst	3/18/2019	Adventures in Learning @ Westwood Oaks	Susan Diate
HearingFirst	3/18/2019	Adventures in Learning @ CRC	Susan Diate
HearingFirst	3/19/2019	Hughes District Preschool	Adriana Salas
HearingFirst	3/19/2019	SCUSD Kathryn Hughes State Preschool	Joanie Nellis
HearingFirst	3/21/2019	SCUSD Briarwood	Liz Aguilar
HearingFirst	3/21/2019	Briarwood Children's Center	Keely Nguyen
HearingFirst	3/21/2019	SCUSD Bracher	Ruth Werner
HearingFirst	3/21/2019	SCUSD Scott Lane	Larrissa Patel
HearingFirst	3/26/2019	Adventures in Learning @ CRC	Susan Diate
HearingFirst	3/27/2019	Montague District Preschool	Gina Perez
HearingFirst	3/27/2019	SCUSD Montague State Preschool	Vidya Rao
VisionFirst	2/14/2019	Angels Family Child Care	Hemaxi Solanki
VisionFirst	3/12/2019	Little Angels Day Care	Adela Zavala

City of Santa Clara Q3 10 Steps Schedule

Date	Site	Class Type	Site Contact
1/28/2019	SCUSD Parent Resource Center	10 Steps, Spanish	Johanna Gonzalez
1/28/2019	SCUSD Parent Resource Center	10 Steps, English	Carrie Casto
2/4/2019	SCUSD Parent Resource Center	S&R, Spanish	Johanna Gonzalez
2/4/2019	SCUSD Parent Resource Center	S&R, English	Carrie Casto
2/11/2019	SCUSD Parent Resource Center	5 Keys, Spanish	Johanna Gonzalez
2/11/2019	SCUSD Parent Resource Center	5 Keys, English	Carrie Casto
3/25/2019	Central Park Library	10 Steps, English	Erin Ulrich

City of Santa Clara Q3 Challenge Team Presentations

Date	Presenter	Presentation
1/9/2019	Kim Castro, City of Santa Clara Parks and Recreation	Parks and Recreation Programs and Developments
1/9/2019	Mego Lien, Santa Clara County Behavioral Health	Suicide Prevention
2/13/2019	Venessa Torres, Sunday Friends	Sunday Friends Programs
2/13/2019	Aimee Lopez, Heart2Heart Teens	Heart2Heart Teens Programs
3/13/2019	Dana Bunnet, Planned Parenthood Mar Monte	Kids in Common Children's Agenda
3/13/2019	Maria Torres, Peninsula Family Service	Financial Empowerment Program

Next Steps

Healthier Kids Foundation is continuing to work toward the goals set by the City of Santa Clara for fiscal year 2018-2019 and has several upcoming screenings and 10 Steps to a Healthier You! classes scheduled for children and families in the City of Santa Clara.

City of Santa Clara Q4 Screening Schedule

Screening Type	Screening Date	Account Name	Contact Name
DentalFirst	4/4/2019	SCUSD Bracher	Ruth Werner
DentalFirst	4/4/2019	Bracher Children's Center	Silvia Bejarano
DentalFirst	4/8/2019	Briarwood Children's Center	Keely Nguyen
DentalFirst	4/8/2019	Hughes District Preschool	Adriana Salas
DentalFirst	4/8/2019	SCUSD Kathryn Hughes State Preschool	Joanie Nellis
DentalFirst	4/8/2019	SCUSD Briarwood	Liz Aguilar
DentalFirst	4/9/2019	SCUSD Montague State Preschool	Vidya Rao
DentalFirst	4/9/2019	Montague District Preschool	Gina Perez
DentalFirst	4/10/2019	SCUSD Scott Lane	Larrissa Patel
DentalFirst	4/10/2019	Adventures in Learning @ Westwood Oaks	Susan Diatte
DentalFirst	4/10/2019	Adventures in Learning @ CRC	Susan Diatte
DentalFirst	4/20/2019	Annual City of Santa Clara Easter Egg Hunt	Susan Diatte
DentalFirst	4/23/2019	Adventures in Learning @ CRC	Susan Diatte
DentalFirst	4/23/2019	Adventures in Learning @ Westwood Oaks	Susan Diatte
DentalFirst	4/25/2019	Adventures in Learning @ Westwood Oaks	Susan Diatte
HearingFirst	4/3/2019	SCUSD Sutter District Preschool	Judie Stevens

VisionFirst	4/3/2019	SCUSD Sutter District Preschool	Judie Stevens
VisionFirst	4/4/2019	SCUSD Bracher	Ruth Werner
VisionFirst	4/4/2019	Bracher Children's Center	Silvia Bejarano
VisionFirst	4/8/2019	SCUSD Kathryn Hughes State Preschool	Joanie Nellis
VisionFirst	4/8/2019	SCUSD Briarwood	Liz Aguilar
VisionFirst	4/8/2019	Hughes District Preschool	Adriana Salas
VisionFirst	4/8/2019	Briarwood Children's Center	Keely Nguyen
VisionFirst	4/9/2019	Montague District Preschool	Gina Perez
VisionFirst	4/9/2019	SCUSD Montague State Preschool	Vidya Rao
VisionFirst	4/10/2019	SCUSD Scott Lane	Larissa Patel
VisionFirst	4/10/2019	Adventures in Learning @ CRC	Susan Diatte
VisionFirst	4/10/2019	Adventures in Learning @ Westwood Oaks	Susan Diatte
VisionFirst	4/16/2019	City of Santa Clara - Central Park Library Reading Event with Mayor Gillmor	Celeste Steward
VisionFirst	4/20/2019	Annual City of Santa Clara Easter Egg Hunt	Susan Diatte
VisionFirst	4/23/2019	Adventures in Learning @ CRC	Susan Diatte
VisionFirst	4/23/2019	Adventures in Learning @ Westwood Oaks	Susan Diatte
VisionFirst	4/25/2019	Adventures in Learning @ Westwood Oaks	Susan Diatte

City of Santa Clara Q4 10 Steps to a Healthier You! Class Schedule

Date	Site	Class Type	Site Contact
4/1/2019	Central Park Library	S & R Class, English	Erin Ulrich
4/8/2019	Central Park Library	5 Keys Class, English	Erin Ulrich
5/2/2019	Mission Branch Library	10 Steps Class, English	Justin Wasterlain
5/9/2019	Mission Branch Library	S & R Class, English	Justin Wasterlain
5/23/2019	Mission Branch Library	5 Keys Class, English	Justin Wasterlain

City of Santa Clara Challenge Team Q4 Presentations

Date	Presenter	Presentation
4/10/2019	Angelica Diaz, Santa Clara County Public Health Department	Oral Health Program
4/10/2019	Lara Barkley, YMCA Silicon Valley	Diabetes Prevention Program and Healthy Weight and Your Child Program
5/8/2019	Santa Clara County Census Campaign	Santa Clara County 2020 Complete Count Campaign
6/12/2019	Kathleen King, Healthier Kids Foundation	Awards Banquet

In addition to the screenings and workshops provided, the City of Santa Clara Challenge team continues to be effective in bringing together stakeholders to discuss the health and wellness of Santa Clara's youth. In quarter four, Challenge Team will host the Third Annual Challenge Team Essay and Video Contest and Awards Banquet. We are inviting students, grades one through eight, who reside in the City of Santa Clara or attend a Santa Clara Unified School District school, to submit an essay or a short video that describes what health means to them. The winners will be honored at the Awards Banquet on June 12th and will be invited to present their submission to the City Council. For more information regarding the contest, please see the attached flyer or contact Laura Clendaniel (laura@hkidsf.org).

Healthier Kids Foundation staff are aware that fiscal year 2018-2019 got off to a slow start in the City of Santa Clara, but is confident that the year will finish off strong and that over 2,200 services will be provided to City of Santa Clara residents for the year.

Healthier Kids Foundation looks forward to providing services to families in the City of Santa Clara over the remainder of the fiscal year and will report results based on quarter four in the coming months.



What does Health Mean to you? City of Santa Clara Youth Video Contest

Healthier Kids Foundation and City of Santa Clara actively supports the well-being of children and families in Santa Clara by nurturing and facilitating valuable community relationships.

We are engaging City of Santa Clara youth in the Third Annual Contest by asking an important question: *What does health mean to you?*

Contest Details

WHO: Open to students, grades K-5 and 6-8 who are a resident of the City of Santa Clara or are a Santa Clara Unified School District student.

WHAT: Student must submit a video of no more than 2 minutes describing what health means to them.

Deadline for Submission: May 24, 2019

Winners Announced: June 3, 2019

Award: \$300 Target Gift Card presented to a student that wins the video contest for K-5th and another \$300 Target Gift Card presented to the student that wins the 6-8th video contest (one video per student).

Winners will present to the Mayor and City Council at a City of Santa Clara Council Meeting

Submission Details:

Please submit your video describing what health means to you by 5:00 PM on Friday, May 24, 2019 to challenge@hkidsf.org. Your submission must include your full name, school, grade, and phone number.

All Submissions will become the property of Healthier Kids Foundation and will not be returned. Healthier Kids Foundation reserves the right to use all submissions in organization promotions and commits to crediting the student for their original work.