



# City of Santa Clara

## Meeting Agenda

### Senior Advisory Commission

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Monday, May 21, 2018

10:00 AM

Senior Center - 1303 Fremont  
Street Santa Clara, CA 95050

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#### CALL TO ORDER AND ROLL CALL

#### CONSENT CALENDAR

- 1.A 18-672 [Senior Advisory Commission Minutes of May 3, 2018](#)

***Recommendation:*** Approve the Senior Advisory Commission Minutes of May 3, 2018

#### PUBLIC PRESENTATIONS

#### GENERAL BUSINESS

1. 18-679 [Senior Advisory Commission 2017-18 Work Plan & Goals Update](#)

#### STAFF REPORT

#### COMMISSIONERS REPORT

#### ADJOURNMENT

Adjournment to next scheduled meeting: June 25, 2018, at 10:00 a.m., Room 149

#### Public Presentations

Members of the public are provided an opportunity to directly address the Board, Commissions or Committee on items of public interest that are within the jurisdiction of the Board, Commissions or Committee, and any item listed on the agenda. For meetings held in the Council Chambers, please note the speaker timing lights located on the podium. A green light indicates the beginning of the time period, a yellow light will appear when 30 seconds remain, and a red light will appear and a buzzer will sound at the end of the time period. Groups are encouraged to appoint a single spokesperson, but all speakers should avoid repetitive comments. You may be requested to fill out a speaker card and/or give your name when you speak, but are not required to do either to address the Board, Commissions or Committee. Please note that the Board, Commissions or Committee cannot take action on an item of business not appearing on the agenda. The only exceptions are if the Board, Commissions or Committee determines that one of the following emergency situations exist: Work stoppage or other activity which severely impairs public health, safety or both, as determined by a majority of the members of the Board, Commissions or Committee; Crippling disaster which severely impairs public health, safety, or both, as determined by the majority of the Board, Commissions or Committee; or Upon a determination by a two-thirds vote of the Board, Commissions or Committee, or, if less than two thirds of the members are present, that the need to take action arose after the agenda was posted; or the item was posted for a prior meeting of the Board, Commissions or Committee occurring not more than five (5) calendar days prior to the date action is taken. In the event of a public presentation, the Board, Commissions or Committee or its staff may briefly respond to statements made or questions asked, or may proceed to the next item of business or adjourn. The communication not acted on shall be accepted by the Board, Commissions or Committee for placement on the agenda for the following Board, Commissions or Committee meeting, if requested by the citizen. Electronic presentations should be submitted to the liaison department to enable screening for compatibility and viruses. Contact the liaison department to ascertain when the material should be submitted. Written materials should be submitted to the liaison department to allow the City to copy such materials. Contact the liaison department to ascertain when the material should be submitted. Any written materials submitted during the meeting should include sufficient copies for the Board, Commissions or Committee and the public.

#### Americans with Disabilities Act (ADA)

In accordance with the Americans with Disabilities Act of 1990, the City of Santa Clara will ensure that all existing facilities will be made accessible to the disabled. Modifications in policies, procedures and/or practices will be made as necessary to ensure access for all individuals with a disability. Individuals with disabilities are encouraged to contact the City's ADA Office at (408) 615-3000 to discuss meeting accessibility. In order to allow participation by individuals with severe allergies, environmental illness, multiple chemical sensitivity or related disabilities, please do not wear scented products to meetings at City facilities. For meetings held in the Council Chambers, individuals with a hearing impairment should note that the Council Chamber is equipped with a headset system which allows one to hear more clearly from any seat in the room. Please ask a City staff member present at the meeting for details. Upon request by a person with a disability, meeting agendas and writings distributed during the meeting that are public records will be made available in an appropriate alternative format. Please contact the City Clerk's Office at 408-615- 2220 with your request.

#### Appeal of Council/Board/Commission/Committee Action

Pursuant to Government Code section 65009, any challenge of Public Hearing matters in court may be limited to only those issues raised at the Public Hearing, or in writing submitted before or at the Public Hearing. Any challenge to a Public Hearing matter must be filed in accordance with the provisions of Civil Code section 1094.6, including applicable time limitations.



# City of Santa Clara

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Santa Clara, CA 95050  
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@SantaClaraCity

## Agenda Report

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18-672

Agenda Date: 5/21/2018

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### **REPORT TO SENIOR ADVISORY COMMISSION**

#### **SUBJECT**

Senior Advisory Commission Minutes of May 3, 2018

#### **RECOMMENDATION**

Approve the Senior Advisory Commission Minutes of May 3, 2018

Prepared by: Jennifer Herb, Recreation Supervisor  
Reviewed by: Kimberly Castro, Recreation Manager  
Approved by: James Teixeira, Director of Parks and Recreation

#### **ATTACHMENTS**

1. Draft Minutes of the Senior Advisory Commission May 3, 2018



<b>Commissioners Present:</b>	<b>Commissioner Wanda Buck Commissioner Bobbi Estrada Commissioner Grant McCauley Commissioner Sam Orme Commissioner Carolyn Seeger Commissioner Nancy Toledo</b>
<b>Excused:</b>	<b>Excused - Commissioner Alma Garcia</b>
<b>Councilmember(s)</b>	<b>None</b>
<b>Staff:</b>	<b>Jennifer Herb, Recreation Supervisor Anna McGill – Community Development</b>
<b>Guests:</b>	<b>Leslie Dubridge – International Coach Federation Dimitri Quddus – Student at DeAnza</b>

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**Matters for Council Action:** None

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**1. Call to Order/Roll Call**

The meeting was called to order by Chair Bobbi Estrada at 10:10 a.m.

**2. Approval of March 26 meeting minutes**

On a motion by Commissioner McCauley, and a second by Commissioner Buck, the Commission approved (6-0) the minutes for the regular meeting.

**3. Public Presentations**

- A. Leslie Dubridge, International Coach Federation – Provided the Commission with a brief overview of professional coaching and the free services that are available to individuals that might benefit from such services.

**4. General Business**

- A. Senior Advisory Commission 2017-18 Work Plan & Goals Update
- i. Develop opportunities to promote Health & Wellness
- Host “Be Strong, Live Long’ Health & Wellness Fair, May 2018 (Commissioner McCauley) – Commissioner McCauley updated the Commission that 40 exhibitors will be participating in the event. He asked the Commissioners to arrive at 9:00 am and be available to assist with the following: act as Greeters at the beginning of the event; Greet at the Senior Advisory Commission booth; Pass out event evaluations and box lunches to exhibitors; Assist patrons with their lunch.
  - Promote “Brain Health” through research articles, and events (Commissioner Orme and Buck) – Commissioner Orme suggested that the Commission hosts Aging Presentations at the Senior Center, based on the National

Institute on Aging tool kit for Senior Centers. The Commission asked him to bring the tool kit to the May 23 meeting so members could review the content.

- ii. Promote Quarterly Elder Fraud Workshops (Commissioners Estrada/Garcia) – Supervisor Herb updated the Commission about the Internet Safety presentation from the IT Department. The dates that have been proposed are May 24 or 31<sup>st</sup>. This workshop will focus on internet browsing and protection from scams.
- iii. Champion implementation of the World Health Organization’s “Age-Friendly City Initiative” in Santa Clara (All) – Supervisor Herb informed the Commission that the layout of the “Be Strong, Live Long” Health & Wellness Fair reflects the WHO Age-Friendly eight (8) domains.
- iv. Send two (2) representatives to attend the City’s ADA Committee (Commissioner Orme and Toledo) – the next scheduled meeting will be at the beginning of June.

**5. Staff Report**

- A. Appoint one Senior Advisory Commissioner and one alternate to participate on the El Camino Real Community Advisory Committee (Presented by Community Development Associate Planner, Anna McGill) – City Staff invited the Senior Advisory Commission to appoint one member and one representative to participate on the ECR-CAC and to communicate with the SAC on progress with the El Camino Real Corridor Plan.

**6. Commissioners Report**

- A. Commissioner Orme attended two seminars on Calming an Overactive Brain, and Mindfulness and Stress Reduction.
- B. Commissioner Buck shared a book called “Mind – The Organized Mind, Thinking Straight in the Information Overload.”
- C. Commissioner Toledo invited the Commission to attend the upcoming Mission Library fundraiser on Tuesday, May 8 from 4:30 – 6:30 pm, at Taplands in Santa Clara.

**7. Adjournment**

On a motion by Commissioner Toledo and seconded by Commissioner Buck, the Commission (6-0) adjourned the meeting at 12:00 p.m.

Prepared by: \_\_\_\_\_  
Jennifer Herb  
Recreation Supervisor

Reviewed by: \_\_\_\_\_  
Grant McCauley  
Commission Secretary

Submitted by: \_\_\_\_\_  
James Teixeira  
Director of Parks and Recreation



## Agenda Report

18-679

Agenda Date: 5/21/2018

### **SUBJECT**

Senior Advisory Commission 2017-18 Work Plan & Goals Update

### **BACKGROUND**

At the July 24, 2017 Senior Advisory Commission meeting, the Commission developed the 2017-18 Work Plan. The Plan was created through discussion of current trends relating to the senior population. The following goals were selected based on priority and community needs:

- Develop opportunities to promote Health and Wellness
  - Host “Be Strong, Live Long” Health & Wellness Fair - May 2018
  - Promote “Brain Health” through research articles, and events
- Promote Quarterly Elder Fraud Workshops
- Champion implementation of the World Health Organization’s “Age-Friendly City Initiative” in Santa Clara
- Send two (2) representatives to attend the City’s ADA Committee

### **DISCUSSION**

The Senior Advisory Commission will provide monthly updates on the status of the Work Plan Goals for the year.

- A. Develop opportunities to promote Health and Wellness
  - Commissioner McCauley will provide a verbal update on the “Be Strong, Live Long” Health & Wellness Fair
  - Commissioners Orme and Buck will provide a verbal update on the promotion of “Brain Health” research and event opportunities
- B. Promote Elder Fraud Workshops
  - Commissioners Estrada and Garcia will provide a verbal update on the promotion of Elder Fraud workshops in the areas of emotional, financial, internet safety and other relevant topic areas.
- C. Champion Age-Friendly Initiative
  - Commissioners will discuss the WHO eight domains and potential recommendations for City consideration.
- D. Send two (2) representatives to attend the City’s ADA Committee
  - Commissioners Orme and Toledo will provide a verbal update.

### **ENVIRONMENTAL REVIEW**

The action being considered does not constitute a “project” within the meaning of the California Environmental Quality Act (“CEQA”) pursuant to CEQA Guidelines section 15378(b)(5) in that it is a governmental organizational or administrative activity that will not result in direct or indirect changes in the environment.

### **PUBLIC CONTACT**

Public contact was made by posting the Senior Advisory Commission’s agenda on the City’s official

-notice bulletin board outside City Hall Council Chambers. A complete agenda packet is available on the City's website and in the City Clerk's Office at least 72 hours prior to a Regular Meeting and 24 hours prior to a Special Meeting. A hard copy of any agenda report may be requested by contacting the City Clerk's Office at (408) 615-2220, email [clerk@santaclaraca.gov](mailto:clerk@santaclaraca.gov) or at the public information desk at any City of Santa Clara public library.

Prepared by: Jennifer Herb, Recreation Supervisor  
Reviewed by: Kimberly Castro, Recreation Manager  
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