

MINUTES OF THE SENIOR ADVISORY COMMISSION

Santa Clara Senior Center Santa Clara, CA Monday, January 22, 2018, at 10:00 a.m.

Commissioners Present: Commissioner Wanda Buck

Commissioner Grant McCauley Commissioner Sam Orme Commissioner Carolyn Seeger Commissioner Nancy Toledo

Excused: Commissioner Estrada

Commissioner Garcia

Councilmember(s) Kathy Watanabe, Councilmember

Staff: Kimberly Castro, Recreation Manager

Jennifer Herb, Recreation Supervisor

Mallory von Kugelgen, Health & Wellness Coordinator

Guests: Kristin Ko, Applied Survey Research

Matters for Council Action: None

1. Call to Order/Roll Call

The meeting was called to order by Vice-Chair Sam Orme at 10:05 a.m.

2. Approval of the Agenda

On a motion by Commissioner Buck, and seconded by Commissioner McCauley, the Commission approved (5-0) the order of the agenda.

3. Approval of November 27 meeting minutes

On a motion by Commissioner Buck, and a second by Commissioner Seeger, the Commission approved (5-0) the minutes for the regular meeting.

4. Correspondence/Communications -

A. Supervisor Herb informed the Commission about the upcoming Pedestrian Safety Workshop at the Senior Center, in partnership with the Police Department, on February 6 at 10:30 a.m.

5. Old Business

A. Holiday Tree Lighting – Friday, December 1, 2017

i. Commission involvement –Information Booths – the Commission thought the event was well organized with good entertainment. The Commission said the event was well attended and noticed many young families. A couple of suggestions for next year included more food options and possibly a dessert booth, as well as announcements made on the main stage regarding lost items.

B. Commission Fiscal Year 2017-18 Work Plan & Goals

- Support Health and Wellness Fair (Commissioner McCauley) Supervisor Herb informed the Commission that the Lyon's Club confirmed they will be bringing the Vision/Hearing Screening Trailer. Other confirmations are Santa Clara County Senior Nutrition Program, Institute on Aging, and Mindfullness.
- ii. Champion Age-Friendly Initiative (All) Recreation Manager Castro shared update on the Senior Needs Assessment under new business.
- iii. Promote Elder Fraud Workshops Quarterly (Commissioners Estrada/Garcia) Supervisor Herb asked for feedback on the Careful Consumer Presentation on Friday, December 15, 2017. Commissioner Toledo thought the information was basic, but helpful for those that have consumer issues. Supervisor Herb informed the Commission that she is working with the IT Department to offer the next workshop focusing on internet safety, to be offered in March.
- iv. Develop opportunities to promote Brain Health for seniors (Commissioners Orme/Buck) Commissioner Orme and Buck will be meeting with Health & Wellness Coordinator von Kugelgen to discuss ways to partner with the Health & Wellness team and promote Brain Health. The Commission will decide at the February meeting as to whether or not they'll collapse the Brain Health goal into another goal.
- v. Represent Senior Advisory Commission on ADA Committee Quarterly (Commissioners Toledo/Orme) Commissioner Orme and Toledo shared information from the January 18 meeting. Commissioner Toledo shared, "it's enlightening and encouraging to see how engaged the Parks and Recreation Department and other City Departments are at making Santa Clara better." Commissioner Toledo shared the example about the new drinking fountains being installed in parks, providing Hi-Lo and pet drinking heights.

6. New Business

A. Senior Needs Assessment, Key Findings report – Recreation Manager Castro provided the Commission with a Data Snapshot of the findings from the Senior Needs Assessment. The Commission will be invited to attend the Community Partner meeting on February 15, when Applied Survey Research will be presenting the full Key Findings report.

7. Staff Reports

- A. Recreation Supervisor Herb reminded the Commission about the new HAWK lights on El Camino and Lafayette, and informing them on how they work from the pedestrian as well as the driver's standpoint.
- B. Recreation Supervisor Herb informed the Commission about the new Active Living Every Day class at the Senior Center that will begin on March 1. The evidence based program will be offered three (3) times throughout the year, through a grant from NRPA.
- C. Recreation Supervisor Herb shared with the Commission that the Health & Wellness program partnered with Santa Clara Police Department to have an officer join the Senior Center Walk-a-Block program on January 17. As participants strolled through the park, Santa Clara Police Department officers shared ways to take steps to increase awareness and protect yourself when you're on the move.

8. Commissioner Reports

- A. Commissioner Orme asked for feedback on the joint meeting with Council in December. Commissioner Seeger said that she enjoyed the meeting and found it helpful. Commissioner Buck shared that she liked connecting with everyone. Commissioner Orme shared that he'd like to be better prepared to share the goals and work plan of the Commission.
- B. Commissioner Toledo shared that the Library is partnering with the County using Med-Project, a medication disposal program using mail-back packets. These packets are available upon request. She suggested that the Senior Center inquire about having them available at the front desk.
- 9. Conference and Attendance Reports none
- 10. Public Presentation none
- 11. Adjournment

On a motion by Commissioner Buck and seconded by Commissioner Toledo, the Commission (5-0) adjourned the meeting at 12:05 p.m.

Prepared by

Jennifer Herb

Recreation Supervisor

Submitted by:

lames Teixeira

Director of Parks and Recreation

Reviewed by;

Grant McCauley Commission Secretary