City of Santa Clara Parks & Recreation Department

# "Be Strong, Live Long" Health & Wellness Fair

Friday, May 18 10:00 am - 1:00 pm At Fremont Park

(located next to the Senior Center)

PARKING IS LIMITED—CARPOOLING IS RECOMMENDED

## You Don't Want to Miss:

- Free Skin Exams Kaiser's Mobile Clinic
- Free Vision & Hearing Screenings Santa Clara Lion's Club
- Free Blood Pressure Checks SC Health & Wellness Program

Plus over 30 exhibitors MORE and a BBQ Lunch

**Event Sponsored By: Santa Clara Senior Advisory Commission and...** 





~see reverse side for list of exhibitors~
Santa Clara Senior Center ~ 1303 Fremont St. ~ (408) 615-3170

# A BBQ Lunch will be available for \$5.00, beginning at 11:30 am

# **List of Exhibitors**

(Subject to Change)

## **Screenings**

Mobile Health Van for free skin exams— Kaiser Permanente Santa Clara Medical Center

Free Vision & Hearing Checks—Santa Clara Lions, Santa Clara Chapter

Free Blood Pressure Screening—SC Senior Center Health & Wellness Program

# City of Santa Clara Exhibitors

**SC Environmental Programs** 

**SC Fire Department** 

**SC Housing & Community Services** 

**SC Library Bookmobile** 

**SC Mission City Memorial Park** 

**SC Police Department** 

SC Public Works—Traffic & Engineering

**SC Senior Advisory Commission** 

**SC Senior Center:** 

**Ceramics** 

**Garden Club** 

**Health & Wellness Program** 

Lapidary

Let's Talk Travel Program

**Mindfulness Group** 

**Volunteering Program** 

Woodshop

# **Community Exhibitors**

**Alcoholics Anonymous** 

**Alzheimer's Activity Center** 

**Bay Area Funeral Consumers Association** 

**Better Business Bureau** 

**Bill Wilson Center** 

**Breathe California of the Bay Area** 

**Elder Abuse Task Force** 

**Heart of the Valley** 

Institute on Aging—Friendship Line &

**Home Care** 

**Live Oak Adult Daycare** 

**NAMI—Santa Clara County** 

**Project Sentinel** 

**Process Therapy Institute** 

Santa Clara Valley Beekeepers Guild

**Silicon Valley Animal Control Authority** 

(SVACA)

Silicon Valley Independent Living Center

Silicon Valley Power

Sourcewise

The Health Trust DSM

**UC Master Gardeners** 

Valley Transit Authority (VTA)