



Commissioners Present: Commissioner Wanda Buck
Commissioner Bobbi Estrada
Commissioner Alma Garcia
Commissioner Grant McCauley
Commissioner Carolyn Seeger
Commissioner Nancy Toledo

Excused: Excused - Commissioner Sam Orme

Councilmember(s) Council Member Teresa O'Neill

Staff: Kimberly Castro, Recreation Manager
Jennifer Herb, Recreation Supervisor

Guests: Ken Sinclair – community member
Joan Cabral – community member

Matters for Council Action: None

1. Call to Order/Roll Call

- A. The meeting was called to order by Chair Bobbi Estrada at 10:08 a.m.
- i. Present (6) – Commissioners Buck, Estrada, Garcia, McCauley, Seeger, and Toledo.
 - ii. Excused (1) – Commissioner Orme.

2. Consent Calendar

- A. Senior Advisory Commission Minutes of May 21, 2018
On a motion by Commissioner Seeger, and a second by Commissioner Toledo, the Commission approved the minutes for the regular meeting.
- i. Aye (5) - Commissioners Estrada, Garcia, McCauley, Seeger, and Toledo.
 - ii. Excused (1) - Commissioner Orme.
 - iii. Abstain (1) - Commissioner Buck.

3. Public Presentations

- A. Ken Sinclair expressed the need for additional street corner curb cuts in residential areas.

4. General Business

- A. Senior Advisory Commission 2017-18 Work Plan & Goals update
- i. Develop opportunities to promote Health and Wellness

- Host “Be Strong, Live Long” Health & Wellness Fair – May 2018 (Commissioner McCauley) – Commissioners reported continued positive feedback from the event.
 - Promote “Brain Health” through research article, and events – Commissioner Buck commented on the importance of mindfulness.
- ii. Promote Elder Fraud Workshops Quarterly (Commissioners Estrada/Garcia) – Commissioners commented on the wonderful presentation by the City’s IT Department. There were 40 plus people in attendance, and the information was helpful, timely, and applicable. The Commission is interested in a follow-up presentation including actual use of the Computer Lab at the Senior Center.
 - iii. Champion implementation of the World Health Organization’s “Age-Friendly City Initiative” in Santa Clara (All) – Recreation Manager Castro informed the Commission that staff are finishing the Senior Needs Assessment report. The Commission inquired about signage to indicate the City’s Age-Friendly designation, and suggested additional publicity to inform the community about becoming an Age-Friendly City.
 - iv. Send two (2) representatives to attend the City’s ADA Committee meetings (Commissioner Orme and Toledo) – Commissioner Toledo reported that the June meeting was canceled. Council Member O’Neill reported that the City Manager’s Office is looking to improve Committee efficiency.
- B. Senior Advisory Commission Election of Chair and Vice Chair – Commissioner Buck nominated Commissioner Estrada for Chair, seconded by Commissioner Seeger. Commissioner Toledo nominated Commissioner McCauley for Chair, seconded by Commissioner Garcia. The vote was split three (3) in favor of Commissioner Estrada and three (3) in favor of Commissioner McCauley. Commissioner McCauley declined nomination, and Commissioner Estrada was elected as Chair. Commissioner Toledo nominated Commissioner McCauley for Vice Chair, seconded by Commissioner Seeger. The Commission voted 6-0 in favor of Commissioner McCauley as Vice Chair.
 - C. Senior Advisory Commission 2018-19 Work Plan & Goals – The Commission reviewed the 2017-18 Work Plan & Goals and offered potential goals for the 2018-19 year using the eight (8) domains of the Age-Friendly City guidelines. The Commission expressed interest in continuing: support Health and Wellness by sponsoring the annual “Be Strong, Live Long Health & Wellness Fair,” support and advocacy for the “sandwich generation,” promotion of Elder Fraud Prevention Workshops, implementation of the Senior Needs Assessment findings, and participation in the City’s Pedestrian Master Plan.

5. Staff Reports

- A. None

6. Commissioner Reports

- A. Commissioner Toledo suggested that the Commission send a get well card to former Commissioner Frank Kadlecsek.
- B. Commissioner McCauley shared a recent conversation about the “sandwich generation” and how many of his friends were taking care of their parents.
- C. Commissioner Seeger commented on articles showing a correlation between brain health and the power of the body.

7. Adjournment

- A. Adjournment to the next scheduled meeting: July 23, 2018, at 10:00 am, Room 149
- i. The meeting was adjourned at 11:30 am
 - ii. A motion was made by Commissioner Garcia, seconded by Commissioner Buck to adjourn the meeting
 - Aye (6) - Commissioners Buck, Estrada, Garcia, McCauley, Seeger, and Toledo
 - Excused (1) – Commissioner Orme

Prepared by: _____
Jennifer Herb
Recreation Supervisor

Reviewed by: _____
Grant McCauley
Commission Secretary

Submitted by: _____
James Teixeira
Director of Parks and Recreation