

# **City of Santa Clara**

# **Meeting Minutes**

# **Senior Advisory Commission**

10/22/2018 10:00 AM Senior Center - 1303 Fremont Street
Santa Clara, CA 95050

## CALL TO ORDER AND ROLL CALL

# Meeting was called to order by Vice-chair Grant McCauley at 10:05 am

- **Present** 4 Commissioner Wanda Buck, Commissioner Grant L. McCauley, Commissioner Alma M. Garcia, and Commissioner Nancy Toledo
- **Excused** 3 Commissioner Samuel Orme, Commissioner Barbara "Bobbi" A. Estrada, and Commissioner Carolyn Seeger

## **CONSENT CALENDAR**

**1.A** Senior Advisory Commission Minutes of September 24, 2018

A motion was made by Commissioner Garcia, seconded by Commissioner Toledo, that this item be Noted and filed. The motion carried by the following vote:

- **Aye:** 4 Commissioner Buck, Commissioner McCauley, Commissioner Garcia, and Commissioner Toledo
- **Excused:** 3 Commissioner Orme, Commissioner Estrada, and Commissioner Seeger

#### **PUBLIC PRESENTATIONS**

#### **GENERAL BUSINESS**

# 2 18-1402 Senior Advisory Commission 2018-19 Work Plan & Goals Update

Recreation Supervisor Herb informed the Health & Wellness Fair committee that a kick-off meeting will be held in November. Commissioner Toledo mentioned an interest in joining the committee.

The Commission received a copy of the Senior Center newsletter highlighting the article from the committee educating seniors on mindfulness and the importance of taking time to relaxing and focus on breathing.

Commissioner Buck informed the Commission about the possiblity of having a speaker from Stanford offer a presentation during Brain Awareness Week in March or during the month of June, for Alzheimer's and Brain Awareness Month.

Commissioner Garcia is working on Elder Fraud Prevention committee and asked Commission to look at list she sent out regarding possible topis for workshops. The Commission brainstormed topics and decided with the holidays approaching it would be helpful to protect seniors during the holidays from package thefts, personal safety while shopping, and email scams targeting seniors. Recreation Supervisor Herb will work with Commissioners Estrada and Garcia to contact Santa Clara P.D. for a possible speaker.

Recreation Supervisor Herb informed the Commission that there will be a Pedestrian Master Plan presentation at the November meeting.

#### **STAFF REPORT**

Council Member Davis mentioned the 2019-20 budget process begins in January.

Recreation Manager Castro informed the Commission about the Ice Skating rink opening November 19, and the Holiday Tree Lighting event on Friday, December 7.

Recreation Supervisor Herb informed the Commission that the Parks and Recreation Department will be participating in a CPOD (Community Point of Distribution) simulation on Thursday, November 8.

Recreationn Supervisor Herb reminded the Commission about the upcoming Holiday Craft Fair at the Senior Center on Saturday, November 17 from 9:00 am - 2:00 pm.

### **COMMISSIONERS REPORT**

Commissioner Buck and McCauley shared with the Commission that they attended the Placemaking Workshop at the Mission Library on Saturday, October 20. They both enjoyed being a part of the session and found it very positive.

Commissioner Toledo shared with the Commission that she was taking part in the City's CERT Program. She also invited the Commission to attend Librarypalooza on February 2.

Commissioner McCauley informed the Commission that he was selected to be a part of the Chief of Police Advisory Committee.

## **ADJOURNMENT**

A motion was made by Commissioner Buck, seconded by Commissioner Toledo, that this item be Adjourned. The motion carried by the following vote:

**Aye:** 4 - Commissioner Buck, Commissioner McCauley, Commissioner Garcia, and Commissioner Toledo

**Excused:** 3 - Commissioner Orme, Commissioner Estrada, and Commissioner Seeger

The next regular scheduled meeting is November 26, 2018.