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FY 2018-2019 Q3 Report to City of Santa Clara

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Healthier Kids Foundation is a family forward health agency that gives children and their families the education and cutting edge tools they rightfully deserve to live a healthy life. At Healthier Kids Foundation, we believe preventative care makes things fair.

Healthier Kids Foundation has been funded by the City of Santa Clara to provide the following services during fiscal year 2018-2019:

Activities and Progress

| Program | FY 18-19 Goal | Q1-Q3 Results | % of FY 18-19 Goal |
|--|---------------|---------------|--------------------|
| 10 Steps Parents and caregivers | 200 | 114 | 57% |
| 10 Steps Children (ages 0-18) | | 166 | |
| DentalFirst Screened (ages 2-18) | 500 | 177 | 35% |
| DentalFirst Referred and Followed-up on (ages 2-18) | | 31 | |
| HearingFirst screened (ages 2-18) | 500 | 511 | 102% |
| HearingFirst Referred and Followed-up on (ages 2-18) | | 71 | |
| VisionFirst Screened (ages 2-18) | 1000 | 552 | 55% |
| VisionFirst Referred and Followed-up on (ages 2-18) | | 54 | |
| Average Challenge Team Meeting Attendees | | 26 | |

| YTD Results (4/29/19) | YTD % of FY 18-19 Goal |
|-----------------------|------------------------|
| 127 | 64% |

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|-----|------|
| 758 | 152% |
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| 554 | 111% |
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| 1,191 | 119% |
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Healthier Kids Foundation is looking forward to reporting all the work that is occurring in Q4! Central Library Storytime with Mayor Gillmor, Egg-Stravaganza, Annual Essay Contest and more!

Testimonial

"Thank you for your work. Because of your vision screening at the City of Santa Clara Holiday Tree Lighting Ceremony, we learned that our daughter needs glasses. We went to the doctor and got her glasses."

- Anna, mother, on the VisionFirst program offered at Santa Clara events

"The children on their own will tell me that they have to eat healthy. Now they ask me, 'Is this healthy?' I learned a lot, I used to think that granola and drinkable yogurt was healthy, I used to

buy it so that they would at least eat something (if they didn't eat family meals), but not anymore. Now everyone wants to go for a walk after we eat. On their own they will tell me, 'aren't we going on a walk today?' I notice that they are sleeping better. The little one before would just eat all day and couldn't go to sleep without having cereal before bed and would wake up really early asking for cereal again and not anymore, she sleeps more."

- [Gina, mother of three, on attending a 10 Steps workshop](#)

In the City of Santa Clara, Healthier Kids Foundation screens children for undetected vision, dental, and hearing issues; Healthier Kids Foundation case managers follow-up with the parents of all children who receive a screening result that indicates a potential issue. This ensures that each child gets the care they need so that they are able to learn in the classroom. Healthier Kids Foundation also delivers 10 Steps to a Healthier You! workshops to parents and caregivers in the City of Santa Clara, providing strategies to implement healthy habits in the home.

Of those who attended a 10 Steps workshop:

- 97% felt that they had learned new things;
- 97% felt that they are ready to go home and try new things;
- and 90% felt that the class was very or extremely valuable.

At the end of quarter three, Healthier Kids Foundation has identified 54 children with untreated vision problems, 31 children with urgent or emergency dental needs and 71 children with a potential hearing problem in the City of Santa Clara.

Healthier Kids Foundation case managers are currently working with these families to ensure that the children receive appropriate treatment through their insurance. If uninsured, the case manager will assist the family in enrolling into subsidized health insurance. At the close of the quarter, case managers have helped 30 children have received glasses, 20 children received dental services and 2 children obtained hearing services from a pediatrician or specialist. Healthier Kids Foundation is still working with families whose cases are still open to ensure their children get the care they need to be healthy and successful. Healthier Kids Foundation is grateful for its partnership with the City of Santa Clara. Without it, these children's needs could have remained unidentified, unaddressed and may have created barriers to learning and hitting developmental milestones.

In addition to providing direct services to Santa Clara residents, Healthier Kids Foundation hosts City of Santa Clara Challenge Team meetings each month that brings together community partners to discuss the well-being of families in the city and resources that are available. For those that are interested in participating, Challenge Team meets on the second Wednesday of every month, from 12:00-1:30 PM, at the Community Recreation Center (969 Kiely Blvd., Santa Clara, CA 95051).

Q3 Schedule FY 2018-2019

City of Santa Clara Q3 Screening Schedule

| Screening Type | Screening Date | Site | Contact Name |
|----------------|----------------|--|-----------------|
| HearingFirst | 2/14/2019 | Angels Family Child Care | Hemaxi Solanki |
| HearingFirst | 3/12/2019 | Adventures in Learning @ Westwood Oaks | Susan Diatte |
| HearingFirst | 3/12/2019 | Little Angels Day Care | Adela Zavala |
| HearingFirst | 3/13/2019 | Adventures in Learning @ Westwood Oaks | Susan Diatte |
| HearingFirst | 3/13/2019 | SCUSD Bowers State Preschool | Frances O'Brien |
| HearingFirst | 3/13/2019 | Bowers Infant and Toddler | Rosie Flores |
| HearingFirst | 3/18/2019 | Bracher Children's Center | Silvia Bejarano |
| HearingFirst | 3/18/2019 | Adventures in Learning @ Westwood Oaks | Susan Diatte |
| HearingFirst | 3/18/2019 | Adventures in Learning @ CRC | Susan Diatte |
| HearingFirst | 3/19/2019 | Hughes District Preschool | Adriana Salas |
| HearingFirst | 3/19/2019 | SCUSD Kathryn Hughes State Preschool | Joanie Nellis |
| HearingFirst | 3/21/2019 | SCUSD Briarwood | Liz Aguilar |
| HearingFirst | 3/21/2019 | Briarwood Children's Center | Keely Nguyen |
| HearingFirst | 3/21/2019 | SCUSD Bracher | Ruth Werner |
| HearingFirst | 3/21/2019 | SCUSD Scott Lane | Larrissa Patel |
| HearingFirst | 3/26/2019 | Adventures in Learning @ CRC | Susan Diatte |
| HearingFirst | 3/27/2019 | Montague District Preschool | Gina Perez |
| HearingFirst | 3/27/2019 | SCUSD Montague State Preschool | Vidya Rao |
| VisionFirst | 2/14/2019 | Angels Family Child Care | Hemaxi Solanki |
| VisionFirst | 3/12/2019 | Little Angels Day Care | Adela Zavala |

City of Santa Clara Q3 10 Steps Schedule

| Date | Site | Class Type | Site Contact |
|-----------|------------------------------|-------------------|------------------|
| 1/28/2019 | SCUSD Parent Resource Center | 10 Steps, Spanish | Johanna Gonzalez |
| 1/28/2019 | SCUSD Parent Resource Center | 10 Steps, English | Carrie Casto |
| 2/4/2019 | SCUSD Parent Resource Center | S&R, Spanish | Johanna Gonzalez |
| 2/4/2019 | SCUSD Parent Resource Center | S&R, English | Carrie Casto |
| 2/11/2019 | SCUSD Parent Resource Center | 5 Keys, Spanish | Johanna Gonzalez |
| 2/11/2019 | SCUSD Parent Resource Center | 5 Keys, English | Carrie Casto |
| 3/25/2019 | Central Park Library | 10 Steps, English | Erin Ulrich |

City of Santa Clara Q3 Challenge Team Presentations

| Date | Presenter | Presentation |
|-----------|--|--|
| 1/9/2019 | Kim Castro, City of Santa Clara Parks and Recreation | Parks and Recreation Programs and Developments |
| 1/9/2019 | Mego Lien, Santa Clara County Behavioral Health | Suicide Prevention |
| 2/13/2019 | Venessa Torres, Sunday Friends | Sunday Friends Programs |
| 2/13/2019 | Aimee Lopez, Heart2Heart Teens | Heart2Heart Teens Programs |
| 3/13/2019 | Dana Bunnet, Planned Parenthood Mar Monte | Kids in Common Children's Agenda |
| 3/13/2019 | Maria Torres, Peninsula Family Service | Financial Empowerment Program |

Next Steps

Healthier Kids Foundation is continuing to work toward the goals set by the City of Santa Clara for fiscal year 2018-2019 and has several upcoming screenings and 10 Steps to a Healthier You! classes scheduled for children and families in the City of Santa Clara.

City of Santa Clara Q4 Screening Schedule

| Screening Type | Screening Date | Account Name | Contact Name |
|----------------|----------------|--|-----------------|
| DentalFirst | 4/4/2019 | SCUSD Bracher | Ruth Werner |
| DentalFirst | 4/4/2019 | Bracher Children's Center | Silvia Bejarano |
| DentalFirst | 4/8/2019 | Briarwood Children's Center | Keely Nguyen |
| DentalFirst | 4/8/2019 | Hughes District Preschool | Adriana Salas |
| DentalFirst | 4/8/2019 | SCUSD Kathryn Hughes State Preschool | Joanie Nellis |
| DentalFirst | 4/8/2019 | SCUSD Briarwood | Liz Aguilar |
| DentalFirst | 4/9/2019 | SCUSD Montague State Preschool | Vidya Rao |
| DentalFirst | 4/9/2019 | Montague District Preschool | Gina Perez |
| DentalFirst | 4/10/2019 | SCUSD Scott Lane | Larrissa Patel |
| DentalFirst | 4/10/2019 | Adventures in Learning @ Westwood Oaks | Susan Diatte |
| DentalFirst | 4/10/2019 | Adventures in Learning @ CRC | Susan Diatte |
| DentalFirst | 4/20/2019 | Annual City of Santa Clara Easter Egg Hunt | Susan Diatte |
| DentalFirst | 4/23/2019 | Adventures in Learning @ CRC | Susan Diatte |
| DentalFirst | 4/23/2019 | Adventures in Learning @ Westwood Oaks | Susan Diatte |
| DentalFirst | 4/25/2019 | Adventures in Learning @ Westwood Oaks | Susan Diatte |
| HearingFirst | 4/3/2019 | SCUSD Sutter District Preschool | Judie Stevens |

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|-------------|-----------|---|-----------------|
| VisionFirst | 4/3/2019 | SCUSD Sutter District Preschool | Judie Stevens |
| VisionFirst | 4/4/2019 | SCUSD Bracher | Ruth Werner |
| VisionFirst | 4/4/2019 | Bracher Children's Center | Silvia Bejarano |
| VisionFirst | 4/8/2019 | SCUSD Kathryn Hughes State Preschool | Joanie Nellis |
| VisionFirst | 4/8/2019 | SCUSD Briarwood | Liz Aguilar |
| VisionFirst | 4/8/2019 | Hughes District Preschool | Adriana Salas |
| VisionFirst | 4/8/2019 | Briarwood Children's Center | Keely Nguyen |
| VisionFirst | 4/9/2019 | Montague District Preschool | Gina Perez |
| VisionFirst | 4/9/2019 | SCUSD Montague State Preschool | Vidya Rao |
| VisionFirst | 4/10/2019 | SCUSD Scott Lane | Larrissa Patel |
| VisionFirst | 4/10/2019 | Adventures in Learning @ CRC | Susan Diate |
| VisionFirst | 4/10/2019 | Adventures in Learning @ Westwood Oaks | Susan Diate |
| VisionFirst | 4/16/2019 | City of Santa Clara - Central Park Library Reading Event with Mayor Gillmor | Celeste Steward |
| VisionFirst | 4/20/2019 | Annual City of Santa Clara Easter Egg Hunt | Susan Diate |
| VisionFirst | 4/23/2019 | Adventures in Learning @ CRC | Susan Diate |
| VisionFirst | 4/23/2019 | Adventures in Learning @ Westwood Oaks | Susan Diate |
| VisionFirst | 4/25/2019 | Adventures in Learning @ Westwood Oaks | Susan Diate |

City of Santa Clara Q4 10 Steps to a Healthier You! Class Schedule

| Date | Site | Class Type | Site Contact |
|-------------|------------------------|-------------------------|---------------------|
| 4/1/2019 | Central Park Library | S & R Class, English | Erin Ulrich |
| 4/8/2019 | Central Park Library | 5 Keys Class, English | Erin Ulrich |
| 5/2/2019 | Mission Branch Library | 10 Steps Class, English | Justin Wasterlain |
| 5/9/2019 | Mission Branch Library | S & R Class, English | Justin Wasterlain |
| 5/23/2019 | Mission Branch Library | 5 Keys Class, English | Justin Wasterlain |

City of Santa Clara Challenge Team Q4 Presentations

| Date | Presenter | Presentation |
|-------------|--|---|
| 4/10/2019 | Angelica Diaz, Santa Clara County Public Health Department | Oral Health Program |
| 4/10/2019 | Lara Barkley, YMCA Silicon Valley | Diabetes Prevention Program and Healthy Weight and Your Child Program |
| 5/8/2019 | Santa Clara County Census Campaign | Santa Clara County 2020 Complete Count Campaign |
| 6/12/2019 | Kathleen King, Healthier Kids Foundation | Awards Banquet |

In addition to the screenings and workshops provided, the City of Santa Clara Challenge team continues to be effective in bringing together stakeholders to discuss the health and wellness of Santa Clara's youth. In quarter four, Challenge Team will host the Third Annual Challenge Team Essay and Video Contest and Awards Banquet. We are inviting students, grades one through eight, who reside in the City of Santa Clara or attend a Santa Clara Unified School District school, to submit an essay or a short video that describes what health means to them. The winners will be honored at the Awards Banquet on June 12th and will be invited to present their submission to the City Council. For more information regarding the contest, please see the attached flyer or contact Laura Clendaniel (laura@hkidsf.org).

Healthier Kids Foundation staff are aware that fiscal year 2018-2019 got off to a slow start in the City of Santa Clara, but is confident that the year will finish off strong and that over 2,200 services will be provided to City of Santa Clara residents for the year.

Healthier Kids Foundation looks forward to providing services to families in the City of Santa Clara over the remainder of the fiscal year and will report results based on quarter four in the coming months.



What does Health Mean to you? City of Santa Clara Youth Video Contest

Healthier Kids Foundation and City of Santa Clara actively supports the well-being of children and families in Santa Clara by nurturing and facilitating valuable community relationships.

We are engaging City of Santa Clara youth in the Third Annual Contest by asking an important question: *What does health mean to you?*

Contest Details

WHO: Open to students, grades K-5 and 6-8 who are a resident of the City of Santa Clara or are a Santa Clara Unified School District student.

WHAT: Student must submit a video of no more than 2 minutes describing what health means to them.

Deadline for Submission: May 24, 2019

Winners Announced: June 3, 2019

Award: \$300 Target Gift Card presented to a student that wins the video contest for K-5th and another \$300 Target Gift Card presented to the student that wins the 6-8th video contest (one video per student).

Winners will present to the Mayor and City Council at a City of Santa Clara Council Meeting

Submission Details:

Please submit your video describing what health means to you by 5:00 PM on Friday, May 24, 2019 to challenge@hkidsf.org. Your submission must include your full name, school, grade, and phone number.

All Submissions will become the property of Healthier Kids Foundation and will not be returned. Healthier Kids Foundation reserves the right to use all submissions in organization promotions and commits to crediting the student for their original work.