



# City of Santa Clara

## Meeting Minutes

### Senior Advisory Commission

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01/27/2020

10:00 AM

Senior Center  
1303 Fremont Street  
Santa Clara, CA 95050

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#### CALL TO ORDER AND ROLL CALL

The regular meeting was called to order by Chair Nancy Toledo at 10:01 a.m.

- Present** 6 - Commissioner Wanda Buck, Commissioner Judy Hubbard, Vice Chair Grant L. McCauley, Commissioner Carolyn Seeger, Chair Nancy Toledo, and Commissioner Helen Narciso
- Absent** 1 - Commissioner Ana Segovia

**A motion was made by Commissioner Seeger, seconded by Commissioner McCauley to excuse Commissioner Segovia.**

- Aye:** 6 - Commissioner Buck, Commissioner Hubbard, Vice Chair McCauley, Commissioner Seeger, Chair Toledo, and Commissioner Narciso
- Aye:** 6 - Commissioner Buck, Commissioner Hubbard, Vice Chair McCauley, Commissioner Seeger, Chair Toledo, and Commissioner Narciso

**Excused:** 1 - Commissioner Segovia

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#### CONSENT CALENDAR

1.A [20-49](#) Senior Advisory Commission Minutes of November 25, 2019

**Recommendation:** Approve the Senior Advisory Commission Minutes of November 25, 2019.

**A motion was made by Commissioner Buck, seconded by Commissioner Narciso, to approve the Senior Advisory Commission Minutes of January 27, 2020**

- Aye:** 6 - Commissioner Buck, Commissioner Hubbard, Vice Chair McCauley, Commissioner Seeger, Chair Toledo, and Commissioner Narciso

**Excused:** 1 - Commissioner Segovia

**PUBLIC PRESENTATIONS****GENERAL BUSINESS**

2. [20-1160](#) Informational Presentation on the El Camino Real Specific Plan

During the presentation, **Commissioners** voiced the following concerns about the project:

- Increased traffic along El Camino Real.
- Potential alternate transportation possibilities to limit or reduce traffic caused by the increase in housing.
- Availability of Senior or low income housing within the project.

3. [20-1396](#) Presentation by the Magical Bridge Foundation

4. [20-50](#) Senior Advisory Commission FY2019/20 Work Plan and Goals

Relating to goal 2.a - **Council Member Chahal** provided information on existing programs in the Bay Area such as the Mountain View free Community Shuttle, Mountain View - MVGo, and Via - Cupertino.

Relating to goal 3.a - **Supervisor Herb** informed the Commissioners that there will be an article sharing information on the Front Desk Staff becoming a Dementia Friend, on the front page of the Senior Center February Newsletter.

Relating to goal 3.b - **Commissioner Narciso** will be interviewing **Commissioner Buck** for an article in the Senior Center March Newsletter titled, "How I Thrive in Older Age."

Relating to goal 4.a - **Commissioner McCauley and Toledo** provided the Commission with the following updates:

- There are 35 RSVP's currently for the Health & Wellness Fair.
- The Committee is considering shifting the layout of the fair to utilize more of the pathways.
- Kaiser increased their donation this year and will also have a booth at the event.
- There will be a Tea Meditation booth added this year.
- Due to lack of volunteers, there will be no Lion's Trailer this year.

Relating to goal 4.b - **Supervisor Herb** informed the Commissioners that the Elder Fraud Prevention workshop has been moved to March 4.

**STAFF REPORT**

**Supervisor Herb** informed the Commission that the Parks & Recreation Department is creating a report of Age-Friendly updates that will be submitted to the World Health Organization website.

**COMMISSIONERS REPORT**

**Commissioner Toledo** shared an advertisement from the Bay Area News Group regarding a free App from the Stroke Awareness Foundation, that helps to identify signs of a Stroke, locates Stroke Centers, notify's emergency contacts, and accelerates 911 calls.

**Commissioner Buck** summarized an article from AARP magazine on the topic of Isolation, sharing that the article stated, "social isolation and loneliness are as bad for our health as obesity and smoking."

**ADJOURNMENT**

**A motion was made by Commisioner McCauley, seconded by Commssioner Hubbard, that the meeting be adjourned.**

**Aye:** 6 - Commissioner Buck, Commissioner Hubbard, Vice Chair McCauley, Commissioner Seeger, Chair Toledo, and Commissioner Narciso

**Excused:** 1 - Commissioner Segovia

The next scheduled meeting is on February 24, 2020 at the Santa Clara Mission Library.