

In 1971, a woman victimized by domestic violence had little in the way of legal support, community advocacy, or a safe place to go.

Something had to be done...

POST MEETING MATERIAL



NEXT DOOR
SOLUTIONS TO
DOMESTIC VIOLENCE

45 Years OF



A MESSAGE FROM OUR BOARD CHAIR

Dear Friends,

It is with great excitement that I look back on the many accomplishments of Next Door Solutions over the last year, and it is with even greater excitement that I look forward to the future.

In 2016, Next Door Solutions celebrated its 45th anniversary. In the last year alone, NDS responded to more than 15,000 calls to its Hotline and provided nearly 3,000 clients with supportive services. We could not be more proud to be such a robust and stable source of assistance as we help people move out of domestic violence and into their futures.

I would be remiss if I didn't take a moment to say another farewell and thank you to Kathleen Krenek, our amazing executive director who retired last summer. We are well underway in the process of finding a new leader and we look forward to making that introduction to the community—and we want to express, again, our sincerest and heart-felt gratitude to Kathleen for her fifteen years of dedication, leadership, and service to our community.

And of course, I want to express my gratitude as well, for all of the amazing Next Door Solutions staff and supporters—we couldn't do it without you!

Thank you,

Melissa Hollatz
Board Chair



1971

Bea Robinson and other activists establish a safe space for women in a garage.



1974

Group incorporates as WOMA.

1977

In California, the *Domestic Violence Center Act* passes which marked the beginning of safe houses for battered women at the local level with funds from marriage license fees.



1985

Bea Robinson leaves WOMA.

SAFETY, SHELTER, AND S

WHAT WE DO A COMPREHENSIVE SUITE OF PROGRAMS FOR VICTIMS OF DOMESTIC VIOLENCE



24/7 Emergency Hotline

Trained bilingual English-Spanish Advocates provide a vital portal to all NDS or community partner services. Hotline Advocates provide crisis and options counseling; risk, lethality, and housing assessments; and referrals and vital information to assist survivors in making informed decisions around their safety.



24/7 Crisis Shelter

The Shelter Next Door, with 19 beds, is open 365 days a year. NDS accepts survivors and their children and assists them in maintaining safety and family unity. The Shelter provides Safety Planning; options counseling; holistic case management that helps clients address the myriad of physical and emotional impacts of DV; risk and housing assessments; transportation; meals; transition planning for children; and vital, safe, temporary housing.



Legal Advocacy

Bilingual Crisis & Community Support Advocates provide assistance with completing and filing restraining orders, information on the legal system and family court, and make referrals to the NDS Consulting Attorney or to community partners that provide free or low-cost legal assistance.



Housing Assistance

Bilingual English-Spanish Advocates coordinate services that address hunger, homelessness, health, and other life domains; and helping clients rebuild their lives. Using the Intensive Self-Sufficiency Case Management model using the Eight Domains of Self-Sufficiency, the Advocate and client identify immediate and long-term housing needs and goals.



Risk Assessments and Safety Plan

All NDS clients receive a lethality Risk Assessment that helps the client understand life-generated risks and batterer-generated risks — identifying the client's particular needs. The information is used to develop a realistic Safety Plan — and contain simple but critical steps the survivor can take to increase their, and any children's, safety while they deal with the violence they face in their personal life. All NDS program staff are trained and certified Domestic Violence Peer Counselors.



Walk-in Crisis Counseling

Crisis & Community Support Advocates and clients work together to complete Risk Assessments and develop Safety Plans. The Advocates coordinate emergency services, and refer clients to other NDS programs and community partners to address housing, health, hunger, legal assistance, and other needs. NDS keeps a pantry at the Community Office that provides clients free access to personal hygiene products, diapers and formula, and other needed items.



HomeSafe

Through a community partnership, NDS provides Self-Sufficiency transitional support services and Kids Club services to residents at HomeSafe housing communities in Santa Clara and San Jose for victims of domestic violence and their children. NDS also provides a computer lab at each site and coordinates workshops by community volunteers for both adult and youth residents. HomeSafe is a collaboration with LifeMoves and Charities Housing.

1989

WOMA becomes Next Door Solutions to Domestic Violence (NDS).

1998

NDS collaborates with community partners to launch HomeSafe Santa Clara.



2001

Kathleen Krenak appointed as NDS Executive Director. First families move into HomeSafe Santa Clara.



2002

NDS and partners break ground for HomeSafe San Jose.

SUPPORT



Support Groups

NDS addresses the physical and emotional needs of DV survivors through customized, peer support groups facilitated by trained facilitators. Groups are provided in English and Spanish, and include evening and mid-day groups, a Quilting Group, a Male Survivor Group, and a Self-Sufficiency Group. Support Groups are conducted at NDS' Community Office and in Mountain View, Los Gatos, and at the County's Women's Correctional Facility in Milpitas.



Children's Programs

For clients participating in Support Groups and workshops, NDS offers Kids Club—positive play for youth. Children and mothers staying at the Shelter Next Door work with the Children's Advocate to develop a Transition Plan to assist them in addressing crisis, trauma, and other issues and to make the transition to the Shelter and then on to their next home.



Self-Sufficiency Program (SSP)

SSP takes a long-term approach, 12–24 months, to help survivors gain or regain their financial footing during and after abuse. SSP uses Intensive Case Management built upon the Eight Domains of Self-Sufficiency framework, that assists the client in identifying barriers to self-sufficiency and then working with the Advocate to incrementally address those barriers. Clients have access to workshops and a Support Group, and computer labs at the Community Office and HomeSafe sites. NDS also provides mobile advocacy, meeting with a client at local CalWORKS offices or at any safe location.

2003

NDS merges with HomeSafe partner, WATCH.

2011

Open Self-Sufficiency Program.

2015

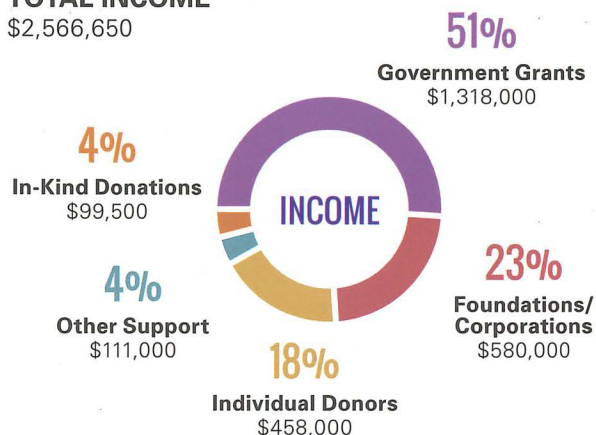
Second annual Light Up The Night.



FINANCIALS FY2015-16

TOTAL INCOME

\$2,566,650

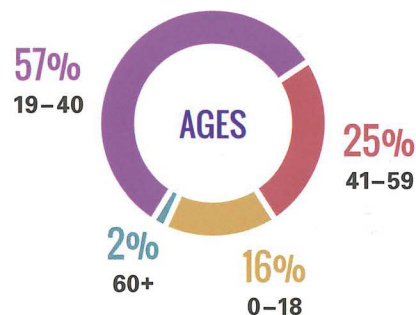


TOTAL EXPENSES

\$2,515,171



DEMOGRAPHICS FY2015-16



Hope started in a garage

The History of Next Door Solutions to Domestic Violence is Rich

In **1971**, Bea Robinson, a Latina community activist concerned about the domestic violence she observed in the homes of her neighbors and friends, joined together with other like-minded activists and started a hotline to provide support and information to women in crisis. The need was so overwhelming she opened an office in a garage for women's safety needs.

Within three years, the service was incorporated as The Women's Alliance (WOMA), a private, non-profit organization. In the same year, the shelter opened to provide safe emergency refuge. It is the second oldest shelter program in the state. It was one of the first shelter programs offering bilingual English/Spanish services in the nation.

In **1989**, WOMA changed its name to Next Door Solutions to Domestic Violence (NDS), and in **1994** acquired a new building, relocating the shelter to a new home. Since opening in 1971, NDS has provided shelter to more than 10,000 women and children.

In **1998**, NDS formed a collaboration with LifeMoves, Charities Housing, four additional domestic violence service providers, and local government agencies to launch the development of *HomeSafe Santa Clara*—a housing community for victims of domestic violence and their children.

In **2001** the first families moved into the 24 HomeSafe Santa Clara units and in **2002** the collaborative broke ground on HomeSafe San Jose.

By **2002** NDS had increased its suite of services, expanding to five locations.

In **2003**, NDS merged with one of the HomeSafe partners, Women and Their Children's Housing (WATCH). NDS remains a partner providing transitional support services to HomeSafe residents.



Bea Robinson Mendez
NDS Co-Founder

In **2009**, NDS developed a theory of change outlining a vision that encompassed greater intervention, prevention, and elimination of domestic violence, resulting in an increase of NDS' ability to reach more community members impacted by domestic violence through collaborations with other service providers and local municipalities.

TODAY, Next Door Solutions programs and services are built upon the Woman-Defined Advocacy model, a pragmatic

approach to working with battered women where the woman ultimately defines the advocacy and help she needs, building upon her perspectives, strengths, and goals.

NDS' employs a comprehensive approach in all its work for identifying barriers to the client's safety, stability and self-reliance based on the Eight Domains of Self-Sufficiency framework: Income, Housing, Food, Employment, Education, Healthcare, Wellness, and Domestic Violence. The safety of the client, and any children, is always the first objective.

BOARD OF DIRECTORS

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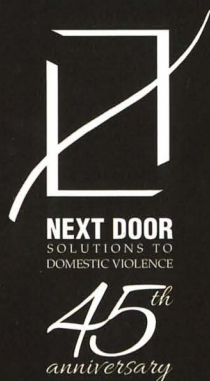
Next Door Solutions to Domestic Violence's mission is to *end domestic violence in the moment and for all time*—by creating paths for survivors to achieve safety, stability, and self-sufficiency.

234 E. Gish Road, Suite 200
San Jose, CA 95112
408-501-7550
info@nextdoor.org
nextdoor.org
24-HOUR HOTLINE: 408-279-2962

 /NextDoorSolutions

 @NDSolutions

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Next Door Solutions to Domestic Violence seeks **“to end domestic violence in the moment and for all time,”** addressing all sides of the issue by helping victims to rebuild their lives, building resilience in children who are exposed to domestic violence, and advocating for responsible change.

What is Domestic Violence?

Domestic violence is a pattern of abusive behavior where one partner in an intimate relationship controls another through force, intimidation, or the threat of violence.

- ❖ Nearly **1 in 3 women** in the United States reports experiencing physical violence by an intimate partner in their life-time.

-Center for Disease Control

- ❖ Witnessing violence between one’s partners or caretakers is the strongest risk factor of transmitting violent behavior from one generation to the next

-University of Chicago Press

Next Door Solutions to Domestic Violence Programs:

- 24-hour/7 days a week **Emergency Hotline - 408.279.2962**
- Crisis Shelter for domestic violence survivors and their children
- Walk-in crisis counseling and advocacy
- Legal and Immigration advocacy
- Support Groups: (16) in Santa Clara county; 6 are bilingual English/Spanish
- Kids Club – positive play for children/youth.
- Self-Sufficiency Program
- Community outreach at schools, faith congregations and corporations

Please contact us at:

408.501.7550 or visit www.nextdoor.org

POST MEETING MATERIAL



Create change

1. **Take a stand** against all forms of domestic violence, sexual assault, and sex trafficking that affect women and girls across the country. Support this by donating to established causes like Next Door Solutions to Domestic Violence at www.nextdoor.org/donate
2. **Reach out** to officials, City to Federal, and make your voices heard. Attend town halls and public meetings. Demand a sit-in meeting with your representative at a district office. Look up www.house.gov to find your representative.
3. **Speak out against racism and sexism:** Don't let it slide if a friend makes degrading comments about a minority or women. While in many activist circles, there can be a culture of shame and blame, we want everyone to take action to promote racial justice. Please visit American Civil Liberties Union www.aclu.org
4. **Follow informative sources:** Now, more than ever, an educated press, social media and non-profit organizations are crucially important in America because they are responsible for holding the government accountable for their actions. Follow www.facebook.com/nextdoorsolutions
5. **Be empathetic:** Teach self-awareness to children and others around you. Supplant ignorance with empathy. Reward kindness.

How you can help victims

- \$1,000 - Provides a mother and her child emergency shelter for 5 nights
- \$500 - Provides 5 self-sufficiency case management sessions
- \$250 - Provides a victim with a restraining order
- \$100 - Provides a survivor with 8 weeks of support group services
- \$50 - Provides a victim with in-person crisis counseling and safety planning
- \$25 - Provides one hour of potentially life-saving crisis counseling on our 24-hour Crisis Hotline

Please contact us at: 408.501.7550 or visit www.nextdoor.org



Thank you!

Hope continues to thrive.

OUR GENEROUS DONORS

Adobe Foundation

Apple, Inc.

Association of Silicon Valley Brokers

Blue Shield of California Foundation

eBay Global Impact Team

El Camino Healthcare District

El Camino Hospital

Hurlbut-Johnson Fund; Silicon Valley Community Foundation

In-N-Out Burger Foundation

Latham & Watkins LLP

Lockheed Martin Employees Foundation

Los Altos Rotary Endowment Fund

Pinpoint Foundation

Saint Andrew's Episcopal Church Women

Sereno Group—Willow Glen

Sunlight Giving

The Allstate Foundation

The David & Lucile Packard Foundation

The Lantern League

The Palo Alto Foundation Medical Group Community Healthcare Fund

The Sobrato Family Foundation

The TJX Foundation

Wells Fargo

West Valley Federated Women's Club

Western Digital Foundation

Wilson Sonsini Goodrich & Rosati

POST MEETING MATERIAL



~Fees~

Fees for participation are determined by a sliding scale based upon each family's income.

~Funding~

Live Oak Senior Day Care is supported by a combination of allocations and grants.

~Funding by~

- Town of Los Gatos
 - City of San Jose
 - City of Santa Clara
 - City of Gilroy
 - City of Campbell
 - City of Milpitas
 - City of Cupertino
 - City of Sunnyvale
 - SOURCEWISE
 - County of Santa Clara
- and many private foundations, corporations and individual donors.
We welcome: Volunteers,
Financial & In-kind Contributions.

MASTER CARD / VISA accepted



Senior Day Care Centers

Executive Director - Colleen Hudgen

Tel: (408) 971-9363

e-mail: liveoakdaycare@att.net

Willow Glen Center, San Jose

Program Director - Ana Jones

1147 Minnesota Avenue

San Jose, Ca. 95125

Tel: (408) 971-9363 / Fax: (408) 971-9079

WillowGlen@liveoakadulthooddaycare.org

Los Gatos Center

Program Director - Kelly Mitchell

111 Church Street

Los Gatos, Ca. 95030

Tel: (408) 354-4782 / Fax: (408) 354-6648

LosGatos@liveoakadulthooddaycare.org

Gilroy Center

Program Director - Cheryl Huguenor

651 W. Sixth Street, Suite 2

Gilroy, Ca. 95020

Tel: (408) 847-5491 / Fax: (408) 847-2041

Gilroy@liveoakadulthooddaycare.org

Cupertino Center

Program Director - Ann Peterson

20920 McClellan Road

Cupertino, Ca. 95014

Tel: (408) 973-0905 / Fax: (408) 973-0952

Cupertino@liveoakadulthooddaycare.org

California Relay Services - TTY

1-800 735-2922

www.liveoakadulthooddaycare.org



POST MEETING MATERIAL

*We're Here
To Help You Care!*

UNITED WAY



SILICON VALLEY

Live Oak Senior Day Care

We Care

What are the Live Oak Senior Day Care services?

Live Oak is a nonprofit, community-based social services agency which provides a caring and safe environment designed to promote the wellbeing of less independent seniors by offering a specialized program of recreation and socialization opportunities.

Who are our clients?

Adults aged 60 and over who

- ❖ Are unable to live independently.
- ❖ Need support and help with their daily activities.
- ❖ Are unable to participate in programs for independent seniors.
- ❖ Would benefit from the social experience and stimulation of the adult day care program.

We offer a friendly and safe environment.

Including:

- ❖ Breakfast and a hot lunch are served daily
- ❖ Beverages and snacks are available throughout the day
- ❖ Opportunity to socialize and make friends
- ❖ Respite and support services for caregiver
- ❖ Structured activities

We Serve

Activities:

Your relative will have the opportunity to enjoy a variety of stimulating activities, including physical exercise, musical entertainment, games, arts & crafts projects, dancing, parties, interactive discussions on current events, reminiscing and visits from community members, preschoolers and pets.

Why Live Oak Senior Day Care?

- ❖ To enable the frail adult to remain in his/her home and community.
- ❖ To provide respite and support to families caring for a dependent senior loved one.
- ❖ To combat isolation with contact, support and enrichment.
- ❖ To assist caregivers so that they are better able to care for their loved ones and themselves.
- ❖ To restore dignity, respect and comfort to those affected by life's aging and impairments.



We Support

Nondiscrimination Statement

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotope, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the **USDA Program Discrimination Complaint Form**, (AD-3027) found online at: http://www.ascr.usda.gov/mplaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary
for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.



COMPASSION  ACTION

**Heart of the Valley
SERVICES FOR SENIORS, Inc.**

2017 Annual Report



POST MEETING MATERIAL

Message from the Executive Director

I consider myself fortunate to work in a community that values working together to strengthen seniors so that they can continue to live in their own homes and manage their own affairs. Here at Heart of the Valley, our dedicated Board, staff, volunteers, and donors are passionate about providing what they can to promote self-sufficiency for those 65-100+!

By lending a helping hand we keep our clients mentally sharp, safe in their homes, improve their sense of well-being, and because we are here for them, many of the challenges of aging fall away. Each workday, we witness the power of volunteers to enhance the day to day lives of seniors, who in turn are so appreciative of their time and the important services provided. We are so proud of our dynamic team of volunteers and we know how fortunate Heart of the Valley is to have each one of them.

We credit our donors with keeping our doors open. Words cannot express our gratitude for each of them! In the spring of this year, we received a generous gift of \$25,000 from a beloved long time donor who passed away. In December, right before our office was to close for the holiday, Heart of the Valley received its largest one time donation to date from a thoughtful client who had sold her home. She gave Heart of the Valley a \$100,000 gift so that we could continue to provide needed services to seniors like the ones she has received from our caring volunteers! We are all so delighted and grateful for this large contribution, which provides our agency with financial security during these uncertain times.

Our mission has remained the same for thirty-one years: To facilitate, advocate and support independent living for seniors residing in the West Santa Clara Valley.

-Glenda

I encourage everyone to check out our new website at servicesforseniors.org. You'll find our website is designed to help you get the information you need quickly and easily to stay informed and engaged with HOV. We would like to update everyone's contact information so please call our office at (408)241-1571 or email us at contact@servicesforseniors.org if your information has changed.

I speak for all of us when I thank you: donors, volunteers, collaborators, clients and friends. Through your time, talents and treasure you have directly made Heart of the Valley a success again this year. I also want to thank those of you who have supported and encouraged me throughout all of my 28 years at Heart of the Valley.

— Glenda Cresap

Thank you so much for all the help you have given me and for all the wonderful work you do! You should be called "Heroes of the Valley"!

—Shirley, Client



2017

Statistics

477 Clients

2962 initial requests for service

- ♥ 77% are women
- ♥ 87% live alone
- ♥ 38% have no family
- ♥ 55% are over 80 years of age
- ♥ 59% live at or below poverty level
- ♥ 69% have a disability

253 Volunteers

23,378 hours donated

- ♥ 36,930 miles driven
- ♥ 22 Bay Area cities represented
- ♥ 8 Bay Area cities served
- ♥ Ages range from 10-93
- ♥ 9 types of services offered
- ♥ 38 languages spoken

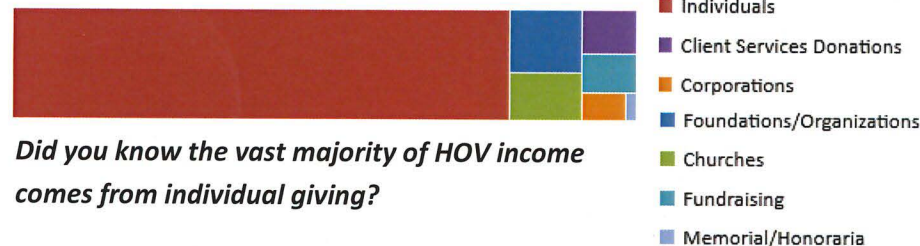
Finances

Total Revenue	\$204,620
Total Expense	\$104,841
Revenue in excess of Expense	\$99,779
Net Assets 12/31/16	\$89,776
Net Assets 12/31/17	\$189,618
In kind giving	\$26,300

94% spent on Programs
(salaries, client/volunteer expenses, office costs)

6% spent on Administration
(rent, utilities, insurance)

Revenue



Meet the Office Staff

A small but mighty team of three part time staff coordinates volunteers, manages the office, and gets the funding necessary to provide seniors with the services they rely on. In August 2017 we said goodbye to our wonderful Administrative Manager for the past four years, Eleanor Seath. But don't dismay, Eleanor still volunteers with HOV!

Donna Young — Administrative Manager

Hello! I'm Donna Young, the new Administrative Manager. I've been the Tuesday HOV office volunteer for the past six years. I've also helped in the development of the new website that was rolled out in December 2017 and the Volunteer Portal which we have successfully utilized for a whole year! Some of our volunteers just love it, logging hundreds of service hours and driving our seniors thousands of miles. We also appreciate those volunteers who prefer to be contacted about a service via a friendly phone call or email. We will continue to strive to help our volunteers find the clients who need their help.

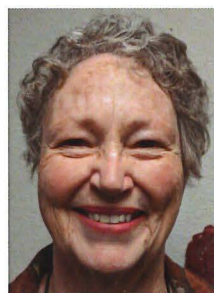
In 2018 we will continue to expand and improve our website to keep our community informed about happenings at HOV. We hope to provide a useful referral list for services not within our service area or mission. We will be working on standardizing our procedures and providing office volunteers training, so our clients better understand what services we can and cannot do, and how best to utilize our services to meet their needs. I look forward to working with all of you to make HOV the best it can be!



Kirby Cristobal — Volunteer Coordinator

Because our volunteers are truly the heart and engine of our agency, the office staff and I strive to give them a "home"; to create a place they feel comfortable and appreciated for all the good work they are doing and a true sense of fulfillment. The client is receiving an excellent service; the volunteer, through sharing their talents and passions, gets the satisfaction of reaching out with joy and happiness to someone else in need.

Our volunteers not only provide services, they inspire new services such as Critter Companions: a visiting pet program in development. A volunteer couple has a trained dog who visits hospitals and they thought it would be terrific to bring this service to HOV clients. We are now working on this program, expanding our volunteer base to include dogs, cats, lizards, birds and even snakes!



Meet the Board of Directors



From left: **Derek Jensen**-Treasurer, **Mariel Bolhouse**-Director, **Dennis Moore**-President, **Deanna Barnett**-Vice President, **Daniel Lo**-Director, **Sanjai Marimadaiah**-Director.
Not pictured: **Suzanne Dougan**-Secretary, **Melissa McKenzie**-Director

Dennis Moore — Board President

We begin our 31st year of service with a strong, enthusiastic and talented board of directors and a stable financial footing. We are all looking forward to a productive 2018.

We have been the recipients of a number of large generous gifts this year. One of our clients donated \$100,000 from the sale of her home and another donor included \$25,000 to Heart of the Valley in her estate. With these and many other generous donations from donors and volunteers we will be able to continue to grow our program and continue providing valuable volunteer services to our seniors.

Our Board of Directors has been working on a 3-year Strategic Plan for Heart of the Valley. This plan will address:

- Development of HOV staff & Board members
- Technology office upgrades
- Future funding options

It is our goal to prepare for the future through diligent planning that will allow Heart of the Valley to continue its mission of allowing seniors to continue living independently in their homes in Santa Clara County for years to come!

Services Offered

Disaster Preparedness Project: Trained volunteers conduct safety checks, develop disaster plans and create disaster kits for seniors.

"Safe at Home": Volunteers visit seniors' homes and perform safety checks including locks, lighting, tripping hazards, etc. We also change batteries in clocks, watches and remotes. This program includes the "Have a Heart" neighbor check-in program.

Assistive Devices: The community donates wheelchairs, walkers, shower chairs, canes, etc. to pass along to seniors in need.

In-A-Pinch (IAP): Volunteers provide same day (24-48 hr.) services for client's immediate needs. This program doesn't replace existing 7-day notice service, but is there when more immediate needs occur. (e.g. sick pet, unforeseen medical appointment or shopping, etc.)

Humane Hearts 4 Pets & Seniors: HOV collaborates with the Humane Society of Silicon Valley to meet the needs of our clients with pets. HOV volunteers also take clients to pick up supplies and food from the Humane Society's Pet Pantry.

Seniors in Tech: HOV volunteers will teach seniors how to shop online, use email, research medications, make doctor's appointments and much more from the comfort of their own homes.

Young At Heart: Senior isolation can lead to poor physical and mental health. This program will encourage seniors to leave their homes by utilizing our volunteers to go track walking, visit local parks, go to museums, events, plays or theatre.

Lift from the Heart: A concierge service for seniors who want to schedule rides with Lyft but do not have smart phones. Upon request, HOV will schedule rides or send a volunteer to help a client learn how to use their smart phones to reach Lyft and take their first ride with them if they prefer.

New in 2018! Critter Companions: Clients can request a friendly pet to visit them in their home. We have a menu of pets that include: cats, dogs, birds, turtles and more! Volunteers can sign up to include their pet as a Critter Companion by calling our office and speaking with Kirby (408) 241-1571.

I called everyone, no one would help. Then I reached your number and a voice of an angel answered and said Heart of the Valley would send someone over. Did I ever get lucky!
—Walter, Client

I thank you so much for thinking of us seniors. Looks like not many people do. I will be 87 soon and I need just the kind of help you give. —Irene, Client

Ways to Give

Heart of the Valley relies upon your tax-deductible contributions to continue helping the seniors we serve to remain independent in their own homes. There are many ways you can contribute to this important cause (visit our website for even more options):

- ♥ **Volunteer** with clients, work in our office, or serve on our board.
- ♥ **Donate** cash or items to help support our office or our clients.
- ♥ **Leave a legacy** by including Heart of the Valley in your will or estate planning. You'll be providing services for future generations of seniors!
- ♥ **Pledge** a donation in monthly or quarterly installments.
- ♥ **Memorialize or honor** a loved one by donating in their name.
- ♥ **Donate stocks** to avoid capital gains tax – it's also tax deductible!
- ♥ **Give a vehicle or real estate:** We sell it; you get the deduction.
- ♥ **Endow:** We invest the principle and only withdraw interest and dividend income to support seniors in perpetuity.
- ♥ **Become a sponsoring business:** We will gladly promote your giving.
- ♥ **More ways to give:**



TAX-DEDUCTIBLE GIFTS: We accept cash, checks and credit cards. Visit our website at www.servicesforseniors.org and click on the "Donate" button to submit your donation via Paypal. Annual or onetime gifts may also be made by mailing a check to Heart of the Valley, PO Box 418, Santa Clara, CA 95052. In kind gifts of securities, services, personal property, including vehicles or real estate, may be made by contacting the Heart of the Valley office for instructions.

We are a non-profit 501(C)(3) organization. Federal ID: 77-0154535 State ID: 1195602.

Many heartfelt thank yous for all the wonderful services you give. Without your friendly volunteers, I would be in BIG trouble. —Miriam, Client

Know that I love you for caring.
—Sam, Client



ABOUT HEART OF THE VALLEY

Committed to facilitating, advocating, and supporting independent living for seniors residing in West Santa Clara County.

Heart of the Valley, SERVICES FOR SENIORS (HOV) was founded in 1987 by five compassionate Santa Clara County residents who knew that everyone wins when seniors can remain longer in their own homes. Seniors' lives are richer and more fulfilling when they can continue to live independently and remain engaged in the life of their communities.

For the past 31 years, HOV and its volunteer brigade have helped thousands of seniors to live independently in their own homes. We do this by offering a range of services and programs, from escorted transportation to yard work, to paperwork help, to home safety checks, and much more. And we do it all at no charge to our clients.

Our service area is western Santa Clara County—Sunnyvale, Cupertino, Santa Clara, Saratoga, Monte Sereno, Los Gatos, Campbell and six zip codes in western San Jose (95117, 95125, 95126, 95128, 95129 & 95130). Seniors (65 and over) simply phone our office 7 business days in advance of the service they need. We then place your request on our jobs board for our volunteers to see. The volunteer who is available for your request then calls you to schedule a time and date for your service. No paperwork, application, or registration fee or other process is required. A donation envelope is sent after your service allowing you the opportunity to donate.

Heart of the Valley, SERVICES FOR SENIORS, Inc.

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