



City of Santa Clara

Meeting Minutes

Senior Advisory Commission

01/27/2020

10:00 AM

Senior Center
1303 Fremont Street
Santa Clara, CA 95050

CALL TO ORDER AND ROLL CALL

The regular meeting was called to order by Chair Nancy Toledo at 10:01 a.m.

- Present** 6 - Commissioner Wanda Buck, Commissioner Judy Hubbard, Vice Chair Grant L. McCauley, Commissioner Carolyn Seeger, Chair Nancy Toledo, and Commissioner Helen Narciso
- Absent** 1 - Commissioner Ana Segovia

A motion was made by Commissioner Seeger, seconded by Commissioner McCauley to excuse Commissioner Segovia.

Aye: 6 - Commissioner Buck, Commissioner Hubbard, Vice Chair McCauley, Commissioner Seeger, Chair Toledo, and Commissioner Narciso

Aye: 6 - Commissioner Buck, Commissioner Hubbard, Vice Chair McCauley, Commissioner Seeger, Chair Toledo, and Commissioner Narciso

Excused: 1 - Commissioner Segovia

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CONSENT CALENDAR

1.A [20-49](#) Senior Advisory Commission Minutes of November 25, 2019

Recommendation: Approve the Senior Advisory Commission Minutes of November 25, 2019.

A motion was made by Commissioner Buck, seconded by Commissioner Narciso, to approve the Senior Advisory Commission Minutes of January 27, 2020

Aye: 6 - Commissioner Buck, Commissioner Hubbard, Vice Chair McCauley, Commissioner Seeger, Chair Toledo, and Commissioner Narciso

Excused: 1 - Commissioner Segovia

PUBLIC PRESENTATIONS**GENERAL BUSINESS**

2. [20-1160](#) Informational Presentation on the El Camino Real Specific Plan

During the presentation, **Commissioners** voiced the following concerns about the project:

- Increased traffic along El Camino Real.
- Potential alternate transportation possibilities to limit or reduce traffic caused by the increase in housing.
- Availability of Senior or low income housing within the project.

3. [20-1396](#) Presentation by the Magical Bridge Foundation

4. [20-50](#) Senior Advisory Commission FY2019/20 Work Plan and Goals

Relating to goal 2.a - **Council Member Chahal** provided information on existing programs in the Bay Area such as the Mountain View free Community Shuttle, Mountain View - MVGo, and Via - Cupertino.

Relating to goal 3.a - **Supervisor Herb** informed the Commissioners that there will be an article sharing information on the Front Desk Staff becoming a Dementia Friend, on the front page of the Senior Center February Newsletter.

Relating to goal 3.b - **Commissioner Narciso** will be interviewing **Commissioner Buck** for an article in the Senior Center March Newsletter titled, "How I Thrive in Older Age."

Relating to goal 4.a - **Commissioner McCauley and Toledo** provided the Commission with the following updates:

- There are 35 RSVP's currently for the Health & Wellness Fair.
- The Committee is considering shifting the layout of the fair to utilize more of the pathways.
- Kaiser increased their donation this year and will also have a booth at the event.
- There will be a Tea Meditation booth added this year.
- Due to lack of volunteers, there will be no Lion's Trailer this year.

Relating to goal 4.b - **Supervisor Herb** informed the Commissioners that the Elder Fraud Prevention workshop has been moved to March 4.

STAFF REPORT

Supervisor Herb informed the Commission that the Parks & Recreation Department is creating a report of Age-Friendly updates that will be submitted to the World Health Organization website.

COMMISSIONERS REPORT

Commissioner Toledo shared an advertisement from the Bay Area News Group regarding a free App from the Stroke Awareness Foundation, that helps to identify signs of a Stroke, locates Stroke Centers, notify's emergency contacts, and accelerates 911 calls.

Commissioner Buck summarized an article from AARP magazine on the topic of Isolation, sharing that the article stated, "social isolation and loneliness are as bad for our health as obesity and smoking."

ADJOURNMENT

A motion was made by Commisioner McCauley, seconded by Commssioner Hubbard, that the meeting be adjourned.

Aye: 6 - Commissioner Buck, Commissioner Hubbard, Vice Chair McCauley, Commissioner Seeger, Chair Toledo, and Commissioner Narciso

Excused: 1 - Commissioner Segovia

The next scheduled meeting is on February 24, 2020 at the Santa Clara Mission Library.