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**Title:** Senior Advisory Commission 2018-19 Work Plan & Goals Update

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Date	Ver.	Action By	Action	Result
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**REPORT TO SENIOR ADVISORY COMMISSION**

**SUBJECT**

Senior Advisory Commission 2018-19 Work Plan & Goals Update

**BACKGROUND**

At the July 23, 2018 Senior Advisory Commission meeting, the Commission developed the 2018-19 Work Plan. The Plan was created through discussion of current trends relating to the senior population, prioritization of what the Commission has capacity to address, and local community needs.

1. Develop opportunities to promote Health and Wellness by
  - a. Hosting a “Be Strong, Live Long” Health & Wellness Fair - May 17, 2019; and,
  - b. Educating seniors on emerging health challenges through quarterly Senior Center Newsletter articles and bi-annual educational presentations.
2. Increase Elder Fraud Prevention awareness by offering educational workshops three times a year.
3. Champion the City’s World Health Organization (WHO) Age-Friendly City Initiative by
  - a. Reviewing Senior Needs Assessment findings and recommending City action as appropriate; and,
  - b. Delegating one (1) Commission member to attend the City’s ADA Committee meetings; and,
  - c. Delegating one (1) Commission member to attend the City’s Pedestrian Master Plan Committee meetings.

**DISCUSSION**

The Commission will discuss efforts and progress on goals. Related to goal 1a, the Commission will provide feedback on the Health & Wellness Fair held on Friday, May 17, 2019. Related to goal 1b, June is Alzheimer’s and Brain Awareness Month; Supervisor Herb will provide an update on June presentation. Related to goal 2, the committee will evaluate the feedback from the Information

Technology Department and their hands-on scenarios at the Health & Wellness Fair. The committee will review the interest list from attendees at the Health & Wellness Fair and discuss future workshop topics. Supervisor Herb will share information about possible Cyber Security Workshops covering topics such as internet safety, password and email security.

### **ENVIRONMENTAL REVIEW**

The action being considered does not constitute a “project” within the meaning of the California Environmental Quality Act (“CEQA”) pursuant to CEQA Guidelines section 15378(b)(5) in that it is a governmental organizational or administrative activity that will not result in direct or indirect changes in the environment.

### **PUBLIC CONTACT**

Public contact was made by posting the Senior Advisory Commission’s agenda on the City’s official -notice bulletin board outside City Hall Council Chambers. A complete agenda packet is available on the City’s website and in the City Clerk’s Office at least 72 hours prior to a Regular Meeting and 24 hours prior to a Special Meeting. A hard copy of any agenda report may be requested by contacting the City Clerk’s Office at (408) 615-2220, e-mail [clerk@santaclaraca.gov](mailto:clerk@santaclaraca.gov) [<mailto:clerk@santaclaraca.gov>](mailto:clerk@santaclaraca.gov) or at the public information desk at any City of Santa Clara public library.

Reviewed by: Kimberly Castro, Recreation Manager

Approved by: James Teixeira, Director of Parks & Recreation