



## Agenda Report

18-566

Agenda Date: 5/15/2018

### REPORT TO COUNCIL

#### SUBJECT

Promotion of "Be Strong, Live Long" Health & Wellness Fair on Friday, May 18, 2018.

#### BACKGROUND

The Senior Advisory Commission work plan includes a goal for Fiscal Year 2017-2018 to provide the community with the 2<sup>nd</sup> Annual, "Be Strong, Live Long" Health & Wellness Fair. The event is a way for the City to foster active aging by optimizing participation and opportunities for learning about health and security issues to enhance the quality of life as people age in Santa Clara.

#### DISCUSSION

The event will be in Fremont Park adjacent to the Santa Clara Senior Center on Friday May 18, 2018, from 10am to 1pm. The event is co-sponsored by the Senior Advisory Commission, the Santa Clara Senior Center, and Kaiser Permanente. It will consist of 40 resource booths specializing in health and wellness resources, as well as:

- Free Skin Exams provided by Kaiser's Mobile Clinic
- Free Vision & Hearing Screenings provided by Santa Clara Lion's Club
- Free Blood Pressure Checks provided by the Senior Center Health & Wellness Program
- Senior Center tours and leisure travel
- Barbeque lunch between 11:30 am - 1:00 pm

Parking is limited and carpooling is encouraged.

#### PUBLIC CONTACT

Public contact was made by posting the Council agenda on the City's official-notice bulletin board outside City Hall Council Chambers. A complete agenda packet is available on the City's website and in the City Clerk's Office at least 72 hours prior to a Regular Meeting and 24 hours prior to a Special Meeting. A hard copy of any agenda report may be requested by contacting the City Clerk's Office at (408) 615-2220, email [clerk@santaclaraca.gov](mailto:clerk@santaclaraca.gov) <<mailto:clerk@santaclaraca.gov>> or at the public information desk at any City of Santa Clara public library.

Reviewed by: James Teixeira, Director of Parks & Recreation

Approved by: Deanna J. Santana, City Manager

#### ATTACHMENT

1. "Be Strong, Live Long" Health & Wellness Fair Flyer